

One year suggested schedule includes 24 sessions of “Chosen”

“Chosen”

Your Journey Toward Confirmation

August A retreat(s) can be at the beginning, in November, during Lent, and/or before Confirmation. Go to ConfirmationStudy.com for retreat materials. Content can be divided into 1, 1 day retreat or 3, 1 day retreats or 1, 3 day retreat etc.

September

Gathering with parents and-confirmand: Bishop Callahan’s words of encouragement, schedule, service hours, saint project etc.

The Way: Pre- Evangelization (Remove obstacles and present the “big picture.”)

Session 1 “Why am I here?” (An Introduction to *Chosen*- Lesson 1)

Session 2 “What makes me happy?” (Discovering God as the Source – Lesson 2 from *Chosen*)

October

The Way: Evangelization (Deliver life-changing kerygma/Gospel message)

Session 3 “What’s your story, God?” (A Look at Salvation History – Lesson 3 from *Chosen*)

Session 4 “How do I know God is real?” (Understanding Divine Revelation – Lesson 4)

Session 5 “Who is Jesus?” (The Person and Mission of Christ- Lesson 5)

Session 6 “Why be Catholic?” (Discovering the Church Jesus Founded – Lesson 6)

November Possible time for a retreat (downloadable resource)

The Truth: Catechumenate (Explain sacramental living and the power to answer the call)

Rite of Welcoming from the Diocese of La Crosse

Session 7 “Where am I going” (A Look at the Last Things – Lesson 7 Note: replace the video clips from “Chosen” with Episode 10 of Fr. Barron’s Catholicism Project: World with End, the Last Things (51 minutes with 6 parts: Elusive Realities, The Last Things, Beginning with Dante, Purgatory, Angels and Devils, Heaven. Use the *Chosen* workbook or discussion questions available from the Office of Catechesis and Evangelization)

Session 8 “How do I get there?” (The Power and Purpose of the Sacraments – Lesson 8)

Session 9 “When did my journey begin?” (Baptism, Your Initiation into God’s Family - Lesson 9)

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December

- Session 10 “Why tell my sins to a priest?” (The Healing Power of Confession – Session 10)
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38
- Session 11 Penance Service (downloadable resource)
- Session 12 “How does God help when it hurts?” (Anointing of the Sick and Redemptive Suffering – Lesson 11)
Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19

January

- Session 13 “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity-Lesson 12)
Note: Replace the DVD clips with a Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization / Youth and Young Adult Ministry. If necessary, show 35 minutes in Session 13 and 35 minutes in Session 14 along with the Fruits of the Holy Spirit.
- Session 14 “What does the Holy Spirit do for me?” (Gifts for the Journey – Lesson 13)
Note: Replace the DVD clips with The Fruits of the Holy Spirit by Fr. Robert Barron based on Galatians 5:22. Fr. Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track.
<http://www.youtube.com/watch?v=1INut0Gi09Q> (12 minutes)
See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life.
- Session 15 “Why have I been *Chosen*?” (Sealed and Sent in Confirmation – Lesson 14)
- Session 16 “Why do I have to go to Mass?” (Encountering Jesus in the Eucharist – Lesson 15)

February

- Session 17 “What does it mean to say, ‘I do’?” (Marriage, a Sign of God’s Love – Lesson 16)
- Session 18 “Who’s calling?” (Holy Orders and Vocational Discernment – Lesson 17)

The Life: Discipleship (Final preparation for a life of discipleship)

- Session 19 Mass for Ash Wednesday – February 18, 2015

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Session 20 "Are you talking to me?" (Getting to know God through Prayer – Lesson 18)

March Possible time for a retreat (downloadable resource)

Session 21 "Who is Mary?" (Meeting the Mother of God and Your Heavenly Family – Lesson 19)
"Praying with Scripture" prayer worksheet - John 19:23-30

Session 22 Stations of the Cross

Session 23 "What would Jesus do?" (The Beatitudes as a Path to True Happiness – Lesson 20)
Note: Replace the DVD clips with Episode 2, part 1 Catholicism Study Program by Fr. Robert Barron (first 23 min.) Use the "Chosen" workbook for discussion or discussion questions from Office of Catechesis and Evangelization.

Session 24 Penance Service

April **April 5, 2015 Easter**

Session 25 "Do I have what it takes?" (Building Virtue – Your Spiritual Workout – Lesson 21)
Diocesan Virtue Program also available

Session 26 "Why wait?" (God's Plan for Love and Sex – Lesson 22)

Session 27 "How do I build the Kingdom?" (Saying "Yes to the Mission of Christ and His Church – Lesson 23)
Pre-Confirmation Interviews (downloadable resource)

Session 28 "Where do I go from here?" (The Journey Continues – Lesson 24)

May

Possible Confirmation Retreat, Rehearsal and Rite of Confirmation or May Crowning of Mary

**Consider showing Lesson 14 again before the young people are confirmed.