

Becoming a Virtuous Person – ABOUT ME

A virtue is a firm habit to do what is right and good. Virtues direct our actions, regulate our passions and guide our daily conduct so that we can show love. (CCC 1804) Read each virtue and description. Next, circle the response that best reflects the truth **about you**. Finally, write down examples of how you show (or don't show) each virtue.

Virtue and Description	How often do I show this in my life?			
<p>Prudence – Has consistent standards, seeks counsel, weighs consequences in decision making.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Honesty – Comprehending what is really true.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Understanding – Truthful, trustworthy: do what you say you will.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Faithful – Constancy in keeping one's word; has a belief in God and consistently practices one's faith.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Justice – Giving what is due to God and to others.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Honor – Place your spouse & marriage above all else.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Hospitality – Warm welcome. Being open and receptive.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time
<p>Gratitude – Thankful for having one another. Appreciate male/female differences.</p> <p>Examples:</p>	Never	Sometime	Most of the time	All of the time

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