



A Catholic Ministry to address the practical, emotional and spiritual needs of families caring for a loved one, in the framework of our faith.

Nourish for Caregivers gives parishes the tools to establish a family caregiver ministry grounded in the tenants of the Catholic faith. **Nourish** is a complete, turn-key program, providing all you need to establish **Nourish** at your parish.

Monthly Ministry Materials. Each monthly gathering is focused on a specific topic, pertinent to caregivers.



- participant handouts
- discussion questions
- activity guide
- Scripture passage, prayers and visual reflections
- national and local resources

Leader's Guide provides a session overview and references for the leader's preparations, including:

- facilitation guide to run small groups
- background and support materials
- resources and tools for caregivers

Access to an Online Library of Family Caregiver Tools.

Our program has partnered with a leading personalized digital health platform, **Sagacity.Care**, a rich resource with healthcare and caregiver content. Your church receives unlimited access to all the content for anyone you serve.

Join us
Third Thursdays
7:00 pm in the Parish Center

Nourish For Caregivers
Thrive. Empower. Advance. TM

This Month's Topic:
End-of-Life: Planning For and Navigating the Discussions, Questions and Decisions

We look for the resurrection of the dead, and the life of the world to come.
The Nicene Creed

None of us lives for oneself, and no one dies for oneself. For if we live, we live for the Lord, and if we die, we die for the Lord; so then, whether we live or die, we are the Lord's
Romans 14: 7-8



Staying Engaged; Keeping Them Engaged

*Loving God,
So often I find myself worn out
and disengaged from others
and from my own needs.
Though my heart means well,
my body and spirit are lacking
at times in energy and
creativity.*

*In those moments, help me to
remember that through the
Holy Spirit I can find wisdom,
counsel and fortitude.*

*I trust in your
guidance to
help me open
myself up
more fully to
these graces.
In You will
my body and
soul become
fully engaged
again.*

Amen.

*Honor those for whom you care,
&
Honor yourself.*

Through Faith We Thrive!

"Those who trust in the Lord shall renew their strength. They shall run and not grow weary."
Isaiah 40:31

"And God is able to give you more than you need, so that you will always have all you need for yourselves and more than enough for every good cause." 2 Corinthians 9:8

Through the lens of faith, we can visualize our obstacles and find a different path...in less scary and calmer waters.
-Dee Kelsey Davis

Soul2Soul www.S2S.Care

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Communications Package

Includes templates for church bulletin announcements, advertising in local media outlets, content for posts on your church's social media pages, email communications, and much more.

Workshop Materials enable parish leaders to reach out to the parish and community to draw members into your ministry. This wonderful evangelization and interest generating initiative includes:

- presentation and speaker notes
- handouts
- hospitality guide
- communications package
- handouts and evaluation form



Price for 1 Year Subscription = \$395.00

www.s2s.care/nourish