

A Catholic Ministry to address the practical, emotional and spiritual needs of families caring for a loved one, in the framework of our faith.

*Nourish* for Caregivers gives parishes the tools to establish a family caregiver ministry grounded in the tenants of the Catholic faith. *Nourish* is a complete, turn-key program, providing all you need to establish *Nourish* at your parish.

**Monthly Ministry Materials**. Each monthly gathering is focused on a specific topic, pertinent to caregivers.

- participant handouts
- discussion questions
- activity guide
- Scripture passage, prayers and visual reflections
  - national and local resources

**Leader's Guide** provides a session overview and references for the leader's preparations, including:

- facilitation guide to run small groups
- background and support materials
- resources and tools for caregivers

## Access to an Online Library of Family Caregiver Tools.

Our program has partnered with a leading personalized digital health platform,

Sagacity.Care, a rich resource with healthcare and caregiver content. Your church receives unlimited access to all the content for anyone you serve.

FAITH

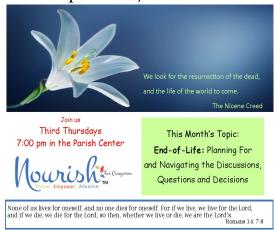
showers us

with what

we need at

just the

right time.





## **Communications Package**

Includes templates for church bulletin announcements, advertising in local media outlets, content for posts on your church's social media pages, email communications, and much more.

Workshop Materials enable parish leaders to reach out to the parish and community to draw members into your ministry. This wonderful evangelization and interest generating initiative includes:

- presentation and speaker notes
- handouts
- hospitality guide
- communications package
- handouts and evaluation form

