

Pre-Confirmation and Post-Confirmation Religious Education and Youth Ministry Resources

The Creed

1. Catholicism – Father Robert Barron (20 sessions with questions from Office of C & E)
2. Catholicism 101, Essentials for the Journey – Jeff Cavins (10 sessions with workbook)
3. *Unlocking the Beauty of the Catechism, The Creed: Part One and Two* by Chris Ruff
4. Totus Tuus – Sponsored by the Office of Youth Ministry
5. NET Retreats - Sponsored through the Office of Youth Ministry
6. Adventure Camp - Sponsored by the Office of Youth Ministry
7. “Father McBride’s Teen Catechism” with discussion questions
8. Various Resources from LifeTeen – contact Office of Youth and Young Adult Ministry
9. YOUCAT, Youth Catechism called for by Pope Benedict XVI
10. Feast of Faith, The Transforming Power of the Eucharist, DVD (4 sessions)
11. “Jesus and His Church” – YM Central Youth Ministry (12 Sessions)
12. “The Last Things” – YM Central Youth Ministry (12 Sessions)

Old Testament

1. “T-3 Bible Study” – Mark Hart (8 sessions with discussion questions from Office of C& E)
2. “Old Testament” – YM Central Youth Ministry (12 Sessions)
3. “The Great Adventure” – Diocesan Resource (4 or 8 sessions)
4. “Word – Basic Introduction To Scripture” Life Night – LifeTeen
5. “Piece It Together” Life Night – LifeTeen
6. “In-Sense, Inc.” Life Night – LifeTeen
7. Other various resources from LifeTeen - contact Office of Youth and Young Adult Ministry
8. “Father McBride’s Guide to the Bible” with a reflection and discussion questions

New Testament

1. “T-3 Bible Study” – Mark Hart (2 of the 8 sessions are on the New Testament)
2. “T-3 Bible Study, Gospel of Matthew – Mark Hart (8 sessions w/Diocesan questions)
3. “T-3 Bible Study, Acts of the Apostles – Mark Hart (6 sessions)
4. “T-3 Bible Study, Revelation – Mark Hart (6 session)
5. “Faith Alive: Deepening Our Life In Christ I” – Diocesan Resource w/ DVD (6 sessions)
6. “Faith Alive: Deepening Our Life In Christ II” – Diocesan Resource (8 sessions)
7. “Father McBride’s Guide to the Bible” with a reflection and discussion questions
8. “Journey To the Center of the Gospels” Life Night – LifeTeen
9. “Can I Get A Witness” Life Night – LifeTeen
10. “I Am – The Gospel of John” Life Night – LifeTeen
11. “Triple Take: The Synoptic Gospels” Life Night – LifeTeen
12. Other various resources from LifeTeen - contact Office of Youth and Young Adult Ministry

Christian Morality

1. “Theology of the Body for Teens” – Jason and Christlina Evert, Brian Butler, Mark Hart
2. Diocesan Virtue Program, 12 virtues with activities and resources
3. YOUCAT, Youth Catechism. Question and Answer format, good artwork, definitions
4. “Morality” - YM Central Youth Ministry (12 Sessions)
5. “Sexuality and the Theology of the Body” – YM Central Youth Ministry (12 Sessions)
6. Here. Now. A Catholic Guide to the Good Life – Amy Welborn
7. Totus Tuus - Sponsored by the Office of Youth Ministry
8. Steubenville Conferences – sponsored by specific parishes or a deanery
9. “God’s Gift of the Sixth Commandment” Life Night – LifeTeen
10. “No Strings Attached” Life Night – LifeTeen
11. “Only Human” Life Night – LifeTeen
12. “Road Less Traveled” Life Night – LifeTeen

Prayer

1. *As I Have Loved You*, Discipleship Series by Christ Ruff (Youth questions with DVD clips)
2. *The Greatest of These is Love*, Reflections from St. Paul, Discipleship Series by Chris Ruff
3. *Who is My Neighbor*, Discipleship Series by Chris Ruff (6 sessions)
4. *Oremus*, Latin for Let us Pray by Fr. Mark Toups, (8 sessions, DVDs with participant book)
5. Totus Tuus - Sponsored by the Office of Youth Ministry
6. Steubenville Conferences - sponsored by specific parishes or a deanery
7. Adventure Camp - Sponsored by the Office of Youth Ministry
8. Immersion Retreat – November at Chula Vista, Sponsored by the Office of Youth Ministry
9. Nun Runs
10. “Prayer” – YM Central Youth Ministry (12 Sessions)
11. “Pray 4 Me – Intercessory Prayer” Life Night – LifeTeen
12. “Read Into It – Lectio Divina” Life Night – LifeTeen

Sacraments

1. Diocesan Confirmation Program (40+ teachings)
2. Biblical Walk through the Mass, DVDs (5 Sessions) Discussion questions
3. *Sketches in Discernment*, On-line video, Vocations Website: Godscall.org
4. “Sacraments” - YM Central Youth Ministry (12 Sessions)
5. Totus Tuus - Sponsored by the Office of Youth Ministry
6. What is My Vocation – Vocation Curriculum (15 sessions)
7. “Between You and Me – Confession” Life Night – LifeTeen
8. “When Worlds Collide” Life Night – LifeTeen
9. “Big Deal – The Eucharist” Life Night – LifeTeen
10. “Roadwork Ahead – Overview of the Sacraments” Life Night – LifeTeen
11. “Fork in the Road – Vocations” Life Night – LifeTeen
12. Other various resources from LifeTeen

Catholic Social Teaching

1. *As I Have Loved You*, Discipleship Series by Christ Ruff (Youth questions with DVD clips)
2. *The Greatest of These is Love*, Reflections from St. Paul, Discipleship Series by Chris Ruff
3. *Who is My Neighbor*, Discipleship Series by Chris Ruff
4. Diocesan Virtue Program on the website / Catechesis main page
5. Mission Trips – Diocesan and Parish Sponsored
6. March for Life – Sponsored by the Office of Youth and Young Adult Ministry
7. “The Social Gospel” – YM Central Youth Ministry (12 Sessions)
8. Nun Runs
9. “Activate – Catholic Social Teaching Overview” Life Night – LifeTeen
10. Other various resources from LifeTeen

Apologetics

1. Adventure Camp – Sponsored by the Office of Youth Ministry
2. Immersion Retreat in November – Sponsored by the Office of Youth Ministry
3. Totus Tuus – Sponsored by the Office of Youth Ministry
4. NET Retreats – Sponsored by the Office of Youth Ministry
5. “Apologetics” – YM Central Youth Ministry (12 Sessions)
6. “100% Catholic” Life Night – LifeTeen
7. “The Pillar” Life Night – LifeTeen
8. Other various resources from LifeTeen
9. “Father McBride’s Teen Catechism”

Church History

1. Dead Theologians Society – sponsored by parish or deanery
2. Adventure Camp - Sponsored by the Office of Youth Ministry
3. “Cloud of Witnesses” Life Night – LifeTeen
4. Epic, A Course on Church History (20 sessions)