

How to Register for Natural Family Planning Instruction through the Diocese of La Crosse, WI

FOR ALL NFP COURSES FOLLOW STEPS ONE AND TWO

- Step One: Go to the www.diolc.org/nfp and click on the *Register for a Class* button on either the main page or the sidebar on the left side of the page.
- Step Two: Complete the pre-registration form which is for the Diocese. When you submit this form, you will automatically go to another registration form listing all of the courses. Select the course you want to take. Follow the prompts to complete registration for that course.
- Step Three: Follow the prompts that you are given.

IF YOU SELECT THE ON-LINE SYMPTOPRO COURSE, FOLLOW INSTRUCTIONS BELOW

Complete the entire registration form which is for SymptoPro. **If you are taking this course for marriage preparation, we will need the name, address and email address of both the man and the woman.**

Payment for the on-line class can be made using credit/debit card (Visa or Mastercard), check, or money order. If you pay by check or money order, you will be instructed on where to send the class fee. Access to the class will be given to you after payment is received.

After you purchase the course, you will also be instructed to purchase the text *A Couple's Guide to Fertility*. You can choose to purchase the Kindle version of this book for \$7.50 or the hard copy for \$25.00, which includes shipping.

What to Expect after registering for the SymptoPro course:

- After your payment has been cleared, you can start the course immediately. If you ordered a paper book, it will be sent to you in 3-5 business days. In addition, you will also be sent an email from SymptoPro **AND** your diocesan instructor. The SymptoPro email will provide you immediate access to the orientation video and session one. ***You must wait for your instructor's email to complete session one and move forward in the class. If an email from your instructor does not come within 3-5 days of the SymptoPro email, please check your spam folder.***
- You will have 120 days to complete the coursework beginning with the day you register. Your instructor will give you the starting date. If you do not complete the course in that time period, you will lose access to the course. Reenrollment for 30 days will cost an additional \$10.
- Your certified instructor from the Diocese is your primary contact. He or she will answer any of your questions during the learning phase and will provide you with chart feedback and support until you are confident in your use of the method. The course is designed in a way that requires interaction with your instructor. *Without this interaction, you will not be able to complete the course.*
- ***The least amount of time needed to complete the course is 40 days even though you have 120 days to do so. At the end of 120 days, your access to the course times out. However, your connection to your instructor does not time out. He or she will continue to support you with chart interpretation and feedback.***
- If you have any difficulties with the registration process or any comments or questions, please contact [Christy Kitzhaber](mailto:Christy.Kitzhaber@symptopro.org); kitzhaber@symptopro.org or call 608-791-2673.