

## **Post-Confirmation Resources to form young people as committed disciples of Christ**

### **The Creed**

1. YDisciple: Follow Me, 5 sessions with Chris Stefanick, Steve Angrisano, Leah Darrow etc.
2. YDisciple: Who is God? 4 sessions with Jim Beckman etc., short videos and discussion
3. Life Teen Life Nights (Life Support January 2018) Dignity of the Human Person; Taking Care of the Body; Taking Care of the Mind; Taking Care of the Soul; The Sin of Humanity; Jesus, the Divine Physician; Encountering Jesus; Receiving Jesus and the Grace He Offers  
<https://lifeteen.com/cym/resources/life-teen-timeline/>
4. Life Teen Life Nights (Life Support May 2018): Death and Judgment; Heaven and Hell; Purgatory; Second Coming and Final Judgment; Organized Religion; Hypocrisy; Judgment and Tolerance; Suffering;
5. Catholicism – Father Robert Barron (20 sessions with questions from Office of C & E)
6. Catholicism 101, Essentials for the Journey – Jeff Cavins (10 DVD sessions with workbook)
7. Symbolon I and II The Catholic Faith Explained, Edward Sri, each 10 DVD sessions
8. The Bible and the Virgin Mary, Journey through Scripture, Edward Sri, 12 DVD sessions
9. YOUCAT, Youth Catechism called for by Pope Benedict XVI
10. Totus Tuus – Sponsored by the Office of Youth Ministry
11. NET Retreats - Sponsored through the Office of Youth Ministry
12. Adventure Camp - Sponsored by the Office of Youth Ministry

### **Old Testament**

1. “T-3 Bible Study” – Mark Hart (8 sessions with discussion questions from Office of C& E)
2. Life Teen (Life Nights: May 2017) God’s Self Revelation; How the Church Protects Scripture; God’s Promise throughout Scripture; Jesus in Scripture;
3. Unlocking the Mystery of the Bible, Jeff Cavins & Sarah Chrsitmyer, 8-30 min DVD sessions with short video clips of major persons of the Bible and personal application handouts.
4. The Bible Timeline: Story of Salvation by Jeff Cavins, Tim Gray & Sarah Chrismyer, 24 session
5. “Father McBride’s Guide to the Bible” with a reflection and discussion questions
6. Wisdom, Exodus, Psalms, The Prophets, Matthew, Acts, First Corinthians, Galatians, James, Ephesians Bible Studies by Jeff Cavins, Sarah Christmyer, Tim Gray, Scott Powell, Edward Sri

### **New Testament**

1. “T-3 Bible Study” – Mark Hart (2 of the 8 sessions are on the New Testament)
2. “T-3 Bible Study, Gospel of Matthew – Mark Hart (8 sessions w/ questions from Cat. & Evan.)
3. “T-3 Bible Study, Acts of the Apostles – Mark Hart (6 sessions)
4. “T-3 Bible Study, Revelation – Mark Hart (6 sessions)
5. Life Teen (Life Nights: September 2017) Jesus Reveals Himself as God; Jesus’ Miracles Prove He is God; The Hard Sayings of Jesus; Following Jesus; <https://lifeteen.com/cym/resources/life-teen-timeline/>
6. Discipleship Series: Blessed Are You: Living the Beatitudes, Chris Ruff, small group
7. “Faith Alive: Deepening Our Life In Christ I and II” – Diocesan Resource w/ DVD (6 sessions)
8. Bible Studies by Jeff Cavins, Sarah Christmyer, Tim Gray, Edward Sri (Ascension Press)

### **Christian Morality**

1. You: Life, Love and the Theology of the Body – Jason & Christlina Evert, Brian Butler, DVDs
2. Diocesan Virtue Program, 12 virtues with activities and resources
3. Life Teen (Life Nights September 2016) “Unspoken” 6 sessions  
<https://lifeteen.com/cym/resources/life-teen-timeline/>
4. YDisciple: True Beauty, Becoming the Woman You were Created to Be, 4 video sessions
5. YDisciple: True Strength, Becoming the Man You Were Created to be, 4 video sessions
6. YDisciple: True Beauty, Chastity for Girls, 4 short video sessions with discussion (FORMED)
7. YDisciple: Called – Discover Your Vocation, 5 video sessions
8. Steubenville Conference – sponsored by Diocese or specific parishes

## **Prayer**

1. Going Deeper in Prayer, materials from Office for Catechesis and Evangelization
  - 11<sup>th</sup> grade – Psalm 23 materials along with Resources
  - 12<sup>th</sup> grade – 14 sessions on how “God Offers Us Guidance” along with Resources
2. Life Teen (Retreat May 2017) The First Day; Jesus Redeems; Living in the Vine of Christ; Entering into the Silence and Stillness; the Seventh Day; <https://lifeteen.com/cym/resources/life-teen-timeline/>
3. *Chosen – Your Journey toward Confirmation*, 3 excellent segments on prayer by Fr. Mark Toups
4. *Living the Discerning Life*, Fr. Timothy Gallagher, 20 sessions, questions from Office of C/E
5. Faith Alive: “Deepening Our Life in Christ I and II” – Youth questions with DVD clips
6. Totus Tuus - Sponsored by the Office of Youth Ministry
7. Steubenville Conference - sponsored by Diocese or specific parishes
8. Adventure Camp - Sponsored by the Office of Youth Ministry
9. Immersion Retreat – November at Chula Vista, Sponsored by the Office of Youth Ministry
10. Nun Runs

## **Sacraments**

1. Altaration: The Mystery of the Mass Revealed, Mark Hart (Ascension Press (DVD 5 sessions)
2. Life Teen (Life Support: September 2016) Sacraments: Encounter; Belong, Restore; Give; Unexpected Gift; Grateful Beggar; Abundant Sacrifice; Red Soldier; <https://lifeteen.com/cym/resources/life-teen-timeline>
3. A Biblical Walk through the Mass, Edward Sri, 5 sessions with DVDs
4. Presence: The Mystery of the Eucharist, 3 DVD sessions (also on FORMED) with Chris Stefanick, Jim Beckman, Edward Sri and others
5. *Sketches in Discernment*, On-line video, Vocations Website: [Godscall.org](http://Godscall.org)
6. Totus Tuus - Sponsored by the Office of Youth Ministry

## **Catholic Social Teaching**

1. YDisciple: Hot Topics, 6 video sessions with Chris Stefanick & Fr. John Riley etc.
2. YDisciple: Pro Life, 2 short videos with Paul George and Fr. Dave Pivonka
3. YDisciple: Modern Media, 5 short videos with Chris Stefanick and Jackie Francois
4. Life Teen (Life Support: September 2017) The Dignity of the Human Person; Euthanasia, the Death Penalty, and Abortion; Immigration and the Refugee Crisis; Preferential Option for the Poor <https://lifeteen.com/cym/resources/life-teen-timeline/>
5. Life Teen Issue Nights: such as on Family, Atheism, St. Joseph, Prom, Drugs & Alcohol, Speech & Profanity, Christian Friendship, Stealing, St. Patrick
6. “Faith Alive: Deepening Our Life In Christ I and II” – Diocesan Resources (teen version)
7. Diocesan Virtue Program on the website / Catechesis main page
8. Mission Trips – Diocesan and Parish Sponsored
9. March for Life – Diocesan Sponsored
10. Nun Runs

## **Apologetics**

1. Life Teen (Life Nights January 2016) The Power of Holy Desire; Sex is More; Distorted; Living Love Now; <https://lifeteen.com/cym/resources/life-teen-timeline/>
2. Adventure Camp – Sponsored by the Office of Youth Ministry
3. Immersion Retreat in November – Sponsored by the Office of Youth Ministry
4. NET Retreats – Sponsored by the Office of Youth Ministry
5. Steubenville Conference - sponsored by Diocese or specific parishes
6. Diocesan High School Religion Curriculum suggested books for teens (tried and tested)

## **Church History**

1. Dead Theologians Society – sponsored by parish or deanery
2. Adventure Camp - Sponsored by the Office of Youth Ministry
3. Life Teen (Life Support)