

My Daily Prayer Time

The focus of prayer for Second Grade is the Act of Contrition. In praying the Act of Contrition each day, you realize that you don't need to be afraid and that you can tell Jesus anything. You will become more aware of how your sins offend God, others and yourself and you will understand that Jesus wants to forgive you and will do so with great love. Jesus died on the Cross for your sins.

Begin your prayer time with the Sign of the Cross.
Make the Sign of the Cross respectfully because you are honoring each Person of the Blessed Trinity.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen



“See what love the Father has given us, that we should be called children of God; and so we are.” (1 John 3:1)

Act of Contrition

**O my God, I am heartily sorry for having offended You,
and I detest all my sins because of Your just punishments,
but most of all because they offend You, my God,
who are all good and deserving of all my love.
I firmly resolve with the help of Your grace to sin no more
and to avoid the near occasion of sin. Amen.**