

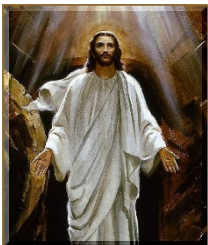
Praying with Scripture

Reflecting on a passage of Scripture each day allows you to encounter the Person of Jesus and to go deeper in your friendship with Him. You will come to know how much He loves you, that He is faithful and that you can trust Him. *(Read one passage each day. After 7 days, start over.)*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

The Father, Son and Holy Spirit live in you through Baptism. Close your eyes and take some time in silence to be aware of Jesus in your heart and greet Him. Thank Jesus for a blessing in your life.

Day 1: Jesus' Resurrection When the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, so that they might go and anoint Him. And very early on the first day of the week, they went to the tomb. And they were saying to one another, "Who will roll away the stone for us from the entrance of the tomb?" And looking up, they saw that the stone had been rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe, and they were alarmed. And he said to them, "Do not be afraid. You seek Jesus of Nazareth, who was crucified. He has risen; He is not here. See the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee. There you will see



Him, just as He told you." And they went out and fled from the tomb, for trembling and astonishment had seized them, and they said nothing to anyone, for they were afraid. *(Mark 16: 1-8) What stood out?*

Day 2: Tale of the Guards and Chief Priests

While they were going, behold, some of the guard went into the city and told the chief priests all that had taken place. And when they had assembled with the elders and taken counsel, they gave a sufficient sum of money to the soldiers and said, "Tell people, 'His disciples came by night and stole him away while we were asleep.' And if this comes to the governor's ears, we will satisfy him and keep you out of trouble." So they took the money and did as they were directed. And this story has been spread among the Jews to this day. *(Mt. 28: 11-15)*

Day 3: As Mary stood weeping outside the tomb, she stooped to look into the tomb. And she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to

her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid Him." Having said this, she turned around and saw Jesus standing, but she did not know that it was Him. Jesus said to her, "Woman, why are you weeping? Whom are you seeking?" Supposing him to be the gardener, she said to Him, "Sir, if you have carried Him away, tell me where you have laid Him, and I will take Him away." Jesus said to her, "Mary." She turned and said to Him in Aramaic, "Rabboni!" (which means Teacher). Jesus said to her, "Do not cling to Me, for I have not yet ascended to the Father; but go to my brothers and say to them, 'I am ascending to My Father and your Father, to My God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"—and that He had said these things to her. *(John 20: 11-18)*

Day 4: Two of them were going to a village named Emmaus, about seven miles from Jerusalem. While they were discussing all these things that had happened, Jesus drew near and went with them. But their eyes were kept from recognizing Him. And He said to them, "What is this conversation that you are holding with each other as you walk?" And they halted in distress. Then one of them, named Cleopas, answered Him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And He said, "What things?" And they said to Him, "Concerning Jesus of Nazareth, a Man who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered Him up to be condemned to death, and crucified Him. But we had hoped that He was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened. Moreover, some women of our company amazed us. They were at the tomb early in



the morning, and when they did not find His body, they came back saying that they had even seen a vision of angels, who said that He was alive. Some of those who were with us went to the tomb and found it just as the women had said, but Him they did not see." And He said, "O foolish ones, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the Prophets, He interpreted to them in all the Scriptures the things concerning Himself. So they drew near to the village to which they were going. He acted as if he were going farther, but they urged Him strongly, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When He was at table with them, He took the bread, pronounced the blessing and broke it and gave it to them. And their eyes were opened, and they recognized Him. And He vanished from their sight. They said to each other, "Did not our hearts burn within us while He talked to us on the road, while He opened to us the Scriptures?" (*Luke 24: 13-33*) What stood out? Why?

Day 5 Jesus revealed himself again to the disciples by the Sea of Tiberias. Simon Peter, Thomas (called the Twin), Nathanael, the sons of Zebedee, and two others of his disciples were together. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. Just as day was breaking, Jesus stood on the shore; yet the disciples did not know that it was Jesus. He said to them, "Children, do you have any fish?" They answered him, "No." He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, because of the quantity of fish. That disciple whom Jesus loved therefore said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his outer garment, and threw himself into the sea. The other disciples came in the boat, dragging the net full of fish, for they were not far from the land. When they got out on land they saw a fire, with fish laid out on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, 153 of them. And although there were so many, the net was not torn. Jesus said, "Come and have breakfast." Now

none of the disciples dared ask Him, "Who are You?" They knew it was the Lord. Jesus came and took the bread and gave it to them, and so with the fish. This was now the third time that Jesus was revealed to the disciples after He was raised from the dead. When they had finished breakfast, Jesus said to Simon Peter, "Simon, son of John, do you love Me more than these?" He said to him, "Yes, Lord; You know that I love you." He said to him, "Feed my lambs." He said to him a second time, "Simon, son of John, do you love Me?" He said to him, "Yes, Lord; You know that I love you." He said to him, "Tend my sheep." He said to him the third time, "Simon, son of John, do you love Me?" Peter was grieved because He said to him the third time, "Do you love me?" and he said to Him, "Lord, you know everything; You know that I love you." Jesus said to him, "Feed my sheep. (*John 21: 1-19*) What stood out? Why?

Day 6 Jesus' Ascension And Jesus led them out as far as Bethany, and lifting up His hands He blessed them. While He blessed them, He parted from them and was carried up into Heaven. And they worshiped Him and returned to Jerusalem with great joy, and were continually in the temple praising and blessing God. (*Luke 24: 50-53*) What stood out?

Day 7 When the day of Pentecost arrived, they were all together in one place. And suddenly there came from Heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. And divided tongues as of fire appeared to them and rested on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under Heaven. And at this sound they gathered in a large crowd together, and they were confused, because each one was hearing them speak in his own language. And Peter said to them, "Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. (*Acts 2: 1-6, 38*)



When to pray... With most things in life, when we schedule something, it takes place. Choose a specific time for this.



A wonderful way to support your son or daughter in personal prayer is to let them know that you will read a Scripture each day also.

You can further support your young adult in personal prayer by initiating discussions during this year. Here is a “conversation starter.” I understand that you are reflecting on a Bible passage each day. I am also committed to this. What stands out for you in this Scripture? (Then offer what stands out for you.)

