

Dear Friend in Christ,

We are very excited to provide you with an initiative entitled “**Going Deeper in Prayer.**” The essence of this initiative is to pray a specific prayer each day, while deepening your understanding of the words and underlying principles. Praying the *Prayer to the Holy Spirit* every day will allow for an encounter with the Person of the Holy Spirit and to develop/deepen your relationship with Jesus as He is revealed to you by the Holy Spirit

Prayer is the foundation for knowing and following the guidance of the Holy Spirit, especially by allowing times of silence in prayer. Silence leads to awareness and recognition of the inner promptings of the Holy Spirit who will guide our actions toward what is true and good for us. Taking time for prayer each day in order to develop a relationship with the Holy Spirit is the path to interior peace and true happiness (joy).

The *Prayer to the Holy Spirit* prayer card can be downloaded from the website and inserted into a plastic sleeve to protect it. Go to: diolc.org/deeper



Resources for the *Prayer to the Holy Spirit*

The following **Resources** are provided at diolc.org/deeper for use in helping you to go deeper in your understanding of *the Prayer to the Holy Spirit*:

- A simple introduction about God’s love
- The goals for praying this prayer each day
- The meaning of the words of the prayer
- Learning the Principles
- Activities to help remember and understand the words, taking them to a personal level
- Developing a Friendship with the Holy Spirit
- Spiritual Comprehension
- Encountering God in Prayer
- The Scriptural Foundation of the words of the prayer
- Resources

The following truths underlie any formation in prayer:

1. *The Person of Christ desires that you develop a friendship with Him.* This relationship is prayer. It is necessary to learn about Jesus, but even more importantly, you must encounter and develop a friendship with the Person of Christ in personal and communal prayer.

2. *It is also necessary to learn how to pray.* “Like a wise teacher Jesus takes hold of you where you are and leads you progressively toward the Father.” (CCC 2607). *Jesus will teach you how to pray!*

3. *The Holy Spirit dwells within you and guides you in prayer!* “The Holy Spirit is the interior Master of Christian prayer” (CCC 2672). The Holy Spirit will help and guide you to develop/deepen your daily habit of prayer. If you ask, He will even give you the desire to pray.

