

Seeking God's Guidance

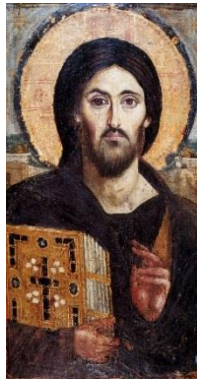
God communicates with us in many ways.

By taking time to listen to the Holy Spirit – the Spirit of Jesus dwelling within you – you will learn to recognize His guidance as you develop a growing friendship with Him. There will be difficulties and trials, but as you pray and listen for His guidance, you can, with His assurance, trust in the ultimate goodness of God.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Ask Jesus for the grace of a deeper experience of His personal love for you.

As you notice this love in any way – write it down. Thank Jesus for this blessing in your life.



Psalm 25

To You, I lift up my soul, O my God. In You I trust.

**Your ways O Lord make known to me,
teach me Your paths. Set me in the way of
Your truth, and teach me, for You are the God
who saves me and my hope is in You all day long.**

**Good and upright is the Lord, He teaches the way to sinners;
in all that is right He guides the humble, and instructs the poor in His way.
All the paths of the Lord are love and truth for those who seek His help
to keep His covenant and His decrees.**

For Your name's sake, O Lord, forgive my guilt, for it is great.

**Everyone who fears the Lord,
which means reverence, awe and respect for the power of God, Creator of the Universe,
will be taught the course a person should choose;**

his soul will live in prosperity, his children have the land for their own.

The friendship of the Lord is with those who fear Him, and His covenant, for their instruction.

(verses 1, 4-5, 8-14)

Close with the Glory Be

Why pray...

Do you have a situation or a problem or an issue with which you need help and guidance? How would you like to know the best answer to this situation that would bring you and everyone else involved great joy as you discover it? As you pray Psalm 25, give the situation to the Holy Spirit and ask Him to show you the way to the best resolution or answer. Be listening and on the “lookout” for ways in which the Holy Spirit will answer you: through peace in your heart; circumstances around you; words from Scripture; words that trusted people say that seem to be from the Holy Spirit and “stand out” in some way in giving direction.

When to pray...

With most things in life, when we schedule something, it takes place. When we don’t, it usually does not happen. Choose a specific time to pray and ask the Holy Spirit to strengthen your desire to pray, leading to a stronger commitment:

- In the morning
- After dinner
- In the evening

Where to pray...

Set up a sacred space in the home, keeping it simple. It is helpful to have a picture or statue of Jesus to help stay focused on Him during prayer time. The following may be included in the Sacred Space:

- A Bible
- A Crucifix
- A statue of Mary

Who is the Holy Spirit?

God has revealed to us that He is three Persons in one God. This is a mystery that we will understand more fully in Heaven. The Holy Spirit is the third Person of the Blessed Trinity. He is the love between the Father and the Son. The Holy Spirit was sent by Jesus to live in our hearts and bring us closer to Him. It is His power dwelling in us that enables us to recognize the voice of Jesus and follow His guidance.

Note: Please place this prayer card in a plastic sleeve to protect it.