

Seeking God's Guidance

God communicates with us in many ways.

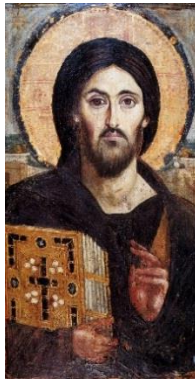
By taking time to listen to the Holy Spirit – the Spirit of Jesus dwelling within you – you will learn to recognize His guidance as you develop a growing friendship with Him. There will be difficulties and trials, but as you pray and listen for His guidance, you can, with His assurance, trust in the ultimate goodness of God.

**In the name of the Father, and of the Son,
and of the Holy Spirit. Amen**

Ask Jesus for the grace of a deeper experience of
His personal love for you.

As you notice this love in any way – write it down.

Thank Jesus for this blessing in your life.



Psalm 25

**To You, I lift up my soul, O my God. In You I trust.
Your ways O Lord make known to me,
teach me Your paths. Set me in the way of
Your truth, and teach me, for You are the God
who saves me and my hope is in You all day long.
Good and upright is the Lord, He teaches the way
to sinners; in all that is right He guides the
humble, and instructs the poor in His way. All the
paths of the Lord are love and truth for those who
seek His help to keep His covenant and His
decrees. For Your name's sake, O Lord, forgive
my guilt, for it is great. Everyone who fears the
Lord, which means reverence, awe and respect for the
power of God, Creator of the Universe, will be taught the
course a person should choose; his soul will live in
prosperity, his children have the land for their
own. The friendship of the Lord is with those who
fear Him, and His covenant, for their instruction.**

(verses 1, 4-5, 8-14)

Close with the Glory Be

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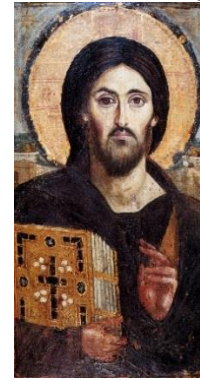
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Close with the Glory Be

Dear Young Person,**Why pray...**

Do you have a situation or a problem or an issue with which you need help and guidance? How would you like to know the best answer to this situation that would bring you and everyone else involved great joy as you discover it? As you pray Psalm 25, give the situation to the Holy Spirit and ask Him to show you the way to the best resolution or answer. Be listening and on the "lookout" for ways in which the Holy Spirit will answer you: through peace in your heart; circumstances around you; words from Scripture; words that trusted people say that seem to be from the Holy Spirit and "stand out" for you in some way in giving direction in this regard.

When to pray...

With most things in life, when we schedule something, it takes place. When we don't, it usually does not happen. Choose a specific time to pray and ask the Holy Spirit to strengthen your desire to pray, leading to a stronger commitment:

- In the morning
- After dinner
- In the evening

Where to pray...

Set up a sacred space in the home, keeping it simple. It is helpful to have a picture or statue of Jesus to help stay focused on Him during prayer time. The following may be included in the Sacred Space:

- A Bible
- A Crucifix
- A statue of Mary

Who is the Holy Spirit?

God has revealed to us that He is three Persons in one God. This is a mystery that we will understand more fully in Heaven. The Holy Spirit is the third Person of the Blessed Trinity. He is the love between the Father and the Son. The Holy Spirit was sent by Jesus to live in our hearts and bring us closer to Him. It is His power dwelling in us that enables us to recognize the voice of Jesus and follow His guidance.

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