



BEYOND SAFE HAVEN SUNDAY TO A SAFE HAVEN HOME

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A Prayer for Individuals and Families

Loving Father, Thank you for the gift of marriage and family life. We entrust to you our home, where our marriage and family lives and grows. We ask you to make it a safe haven for all who live and enter these walls. May our home truly be a holy place for both young and old to be formed in the truth regarding life, love, sex, and marriage. May each of our members be protected from and guided in seeking to avoid pornography, while embracing the freedom and purity of life in Christ.

- If there are past wounds that have occurred due to the availability of pornography on our family's devices, lack of awareness of parents, or because of indifference, we ask you to send forth your Spirit to heal, bless, renew, and consecrate this home as a safe haven with your son Jesus Christ at the center of our lives, today, tomorrow, and always.
- We ask this through the intercession of the Holy Family of Nazareth, Saints Joachim and Anne, the Sacred Heart of Jesus, and the Immaculate Heart of Mary.
Amen.

Why we must be vigilant, active and fully engaged:

- Average age of first exposure to hard core internet pornography is 11.
- Of 15-18 year olds, 80%, have had multiple exposures to hard-core pornography.
- Largest single population of Internet pornography users are 12-17 year-olds.

What can we do?



3 steps:

- Safe Atmosphere
- Safe Device Limits
- Safe Internet Limits

SAFE ATMOSPHERE:

Open communication
so children feel safe to
talk about anything
without fear– including
pornography



Relationships are Key

- “Establish precedent of regular family time - off-line
 - Focus: personal relationships
 - Rules during family times?
- Also need Individual time



Be Honest with Yourself

- “My kids can talk to me about anything!”
 - Really?
- Are you:
 - ProActive?
 - Reactive?



Protect Young Minds

In the top 100
parenting books
on Amazon



◦ <https://www.protectyoungminds.org/good-pictures-bad-pictures/>

SAFE DEVICE LIMITS:

- Set clear, non-negotiable rules
 - Time of day
 - Length of time
 - Location
 - Parental access



Adjust with age:

- i. Ages 0-6: Monitor and Set Limits
- ii. Ages 6-12: Understand the Importance, Remain Engaged
- iii. Ages 12-18: Gradually Yield Trust, Schedule Off-Device Activity



SAFE ONLINE LIMITS:

- Set clear, non-negotiable rules that build on Device Limits already set.
 - Passwords/accountability
 - Respectful Silence
 - Only in public spaces



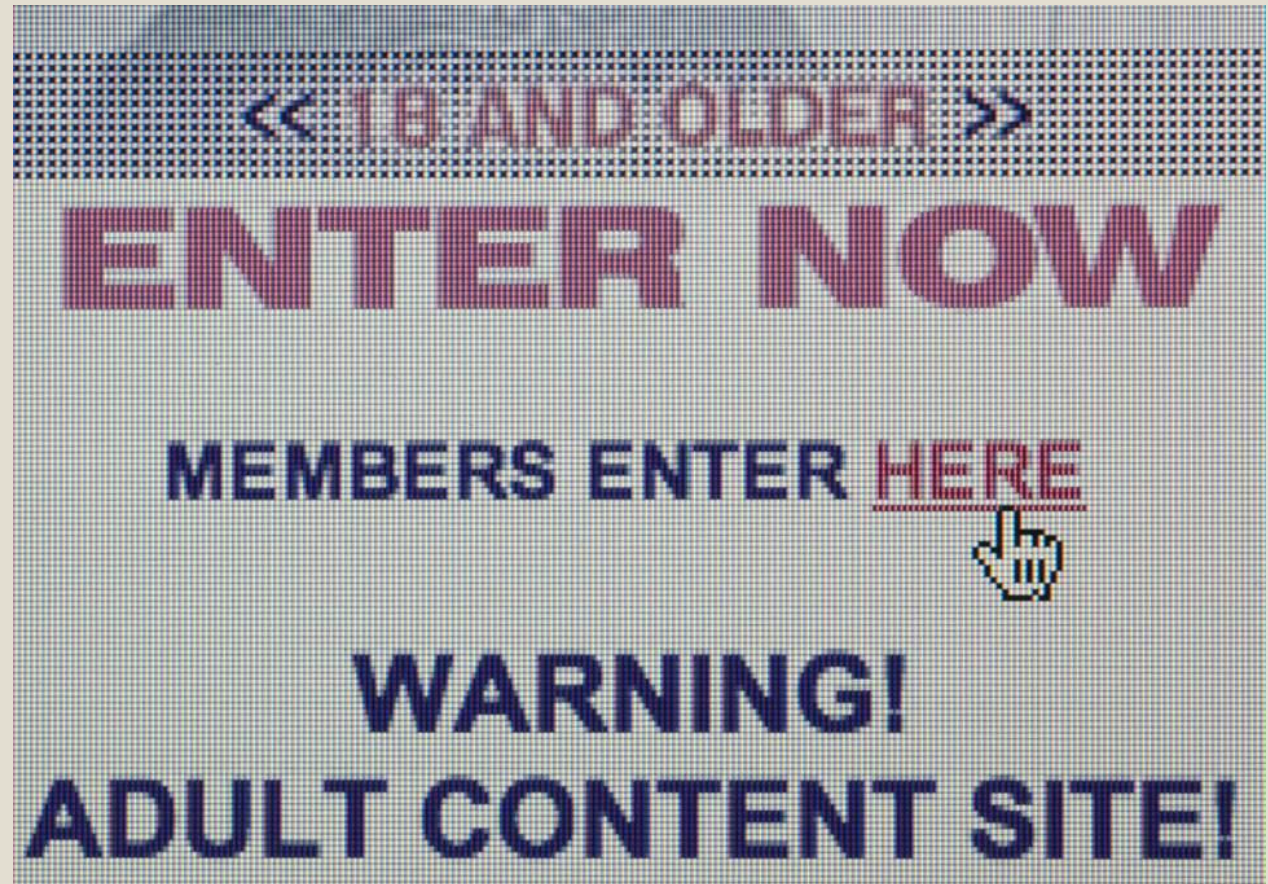
SAFE INTERNET LIMITS:

- WHAT will you use to Filter Content entering your home?



More Honesty with Self

- Is this an area of struggle?
 - You're not alone
 - Confession: God's Grace
 - Talk about as spouses



A photograph of Pope Francis in white papal attire, including a zucchetto and a pectoral cross, blessing a family. He is gently touching the head of a young girl in a white dress. The girl is being held by a woman with long brown hair, also in a white dress. A man in a dark suit stands behind them, smiling. Another man with glasses is visible in the background. The setting appears to be an ornate interior with decorative wall panels. The text "Know God's Plan for Human Sexuality" is overlaid in large yellow font at the bottom.

**Know God's Plan
for Human Sexuality**

Where to go for resources:

- <https://diolc.org/marriage/addressing-pornography/>
- www.integrityrestored.com/
- www.covenanteyes.com
- www.protectyoungeyes.com