

“Going Deeper in Prayer”: A Specific Focus on One Prayer at each Grade Level

Pre-Kindergarten	Angel of God
Kindergarten	Sign of the Cross We always begin prayer with the Sign of the Cross and so this prayer needs to be taught in Pre-kindergarten. This prayer was chosen to be the main focus for Kindergarten in order to provide explanation of the gestures and help children understand better the words that give praise to the Father, Son and Holy Spirit.
First Grade	Hail Mary
Second Grade	Act of Contrition
Third Grade	Our Father
Fourth Grade	Meditating on the Mysteries of the Holy Rosary
Fifth Grade	Apostles’ Creed
Sixth Grade	Memorare
Seventh Grade	Prayer to Jesus after receiving Him in Holy Communion & any time
Eighth Grade	The Morning Offering
Ninth Grade	Praying with Scripture
Tenth Grade	Prayer to the Holy Spirit
Eleventh Grade	Psalm 23: “The Lord is My Shepherd”
Twelfth Grade	Psalm 25 with sessions on How God Offers Us Guidance

The goal of “Going Deeper in Prayer” is to foster an encounter with Jesus Christ, leading to a closer relationship with and commitment to Him.

