



DIOCESE *of* LACROSSE
OFFICE FOR CATECHESIS & EVANGELIZATION

Dear Friend in Christ,

We are very excited to provide sessions on how God offers us guidance.

How does somebody go about seeking guidance from God? How can we tell if it's just us talking to ourselves or if we're listening to God? These questions will be answered through the following sessions which will provide principles for knowing that God guides us and understanding how this guidance from God is given.

Session One –	Relationship comes first!
Session Two –	One step at a time
Session Three –	Follow Jesus' Word
Session Four –	God will give you a specific word of guidance at Mass
Session Five –	Sin Blinds
Session Six –	Being supported by a community of believers
Session Seven –	Messengers of God
Session Eight –	In the deepest place of encounter
Session Nine –	Peace is the “hallmark”
Session Ten –	Silence is needed

The format for each session includes:

- an Opening Prayer with key Scriptures that are the foundation, followed by a teaching on a specific way that God offers us guidance; discussion questions are provided
- a Scripture story and two modern-day true stories that portray God offering His guidance to people related to the teaching, revealing how the Holy Spirit still gives us guidance today.

As you study each of these ways that God offers guidance, you will want to realize that even more important than understanding God's guidance, you will want to know the Guide – Jesus Christ – Himself. Learning to listen to God and recognize the different ways He gives you guidance every day will help you to develop a growing friendship with Him.

Sincerely in Christ,

Ann Lankford
Director for Catechesis and Evangelization

Carol Lankford
Consecrated virgin and spiritual director