

Dear Parents,

We are very excited to provide you with an initiative that has been requested over the last several years by most notably, high school students, parents, Catholic school teachers, directors /coordinators of parish Faith formation program, youth ministers, catechists and priests.

“Going Deeper in Prayer” is the title of this initiative.

The vision:

Many prayers and ways of praying are taught each year, and that needs to continue. However, there is a need for you the parents, as well as your sons and daughters and indeed, all of us, to go deeper in prayer by spending a whole year focusing on one prayer and allowing it to become very personal and a place of encounter with Mary for each person who is praying with it. Mary always leads us to her Son, Jesus.



“Going Deeper in Prayer” needs to begin and continue in an ongoing manner primarily in the family:

- “Family catechesis... precedes, accompanies, and enriches all other forms of catechesis. Parents have the mission of teaching their children to pray” (*Catechism of the Catholic Church*, paragraph 2226).
- “Parents are the primary educators in the faith” (*General Directory for Catechesis* for the Universal Church, n. 225).
- “...With their parents leading the way by family prayer, children... will find a readier path to human maturity, salvation and holiness” (*The Church in the Modern World – Gaudium et Spes*, Second Vatican Ecumenical Council, n. 48).

The role of the family is so vital to each young person’s understanding of the importance of and commitment to a daily habit of prayer that starting this initiative *is to be preceded* by intentional parental engagement. In other words, the “Going Deeper with Prayer” Initiative will begin in the Catholic school or Parish Faith Formation Program as support for the family when you, the parents, are on-board. This could take place, for example, through a parent gathering where the initiative can be explained, the Prayer Card read over and the Prayer modeled, and formation on prayer can take place. You want the best for your children and therefore your participation in such gatherings is essential. We hope that you will be committed to formation on family prayer in an ongoing manner.

The goal:

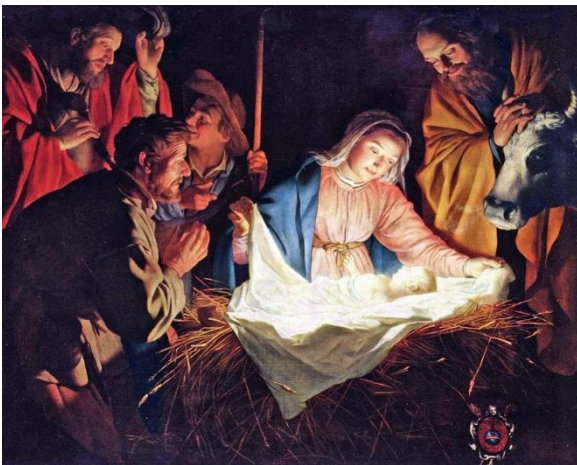
The goal is that your sons and daughters pray in the home with you each day as well as in the Catholic School and Parish Program in order to continue to deepen their friendship with Jesus Christ. When you, along with your son or daughter, complete the year of praying and learning about this specific way of praying, it will become a part of your, and their life, that they will never forget.

Parent Resources

God prepared a beautiful and sinless Woman to be the Mother of Jesus, our Savior. When Jesus was dying on the Cross for our sins, He gave us Mary, His Mother, to be our Spiritual Mother. Mary wants to lead each of her children to her Son, Jesus. She listens with great love and concern as you speak with her. You can talk with her at any time about anything. This is part of God's plan that you go to Mary.

If you have more than one child, it is suggested that you begin with the prayer of the smallest child. There are various ways that you can slowly implement the prayers of all of your children.

The following **Parents Resources** are also provided online for use in helping children to go deeper in their understanding of the **Memorare**: diolc.org/prayer/ 6th Grade



- A simple introduction about God's love
- The goals for praying this prayer each day
- The meaning of the words of the prayer
- The Principles underlying the prayer
- Activities to help students remember the words
- Spiritual Comprehension: do they understand
- Encountering God in Prayer
- The Scriptural Foundation of the words of the prayer
- Resources

The following truths underlie any formation in prayer:

1. *The Person of Christ desires that you develop a friendship with Him.* This relationship is prayer. Further, you will want to teach your sons and daughters about Mary, their Spiritual Mother in Heaven. You need to help them to develop a friendship with Mary by modeling your own personal and communal prayer. Mary will lead your family to Jesus.
2. *Every person needs to learn how to pray.* "Like a wise teacher Jesus takes hold of us where we are and leads us progressively toward the Father" (*Catechism of the Catholic Church*, hereafter CCC, paragraph 2607). *Jesus teaches you how to pray!*
3. *The Holy Spirit dwells within you and guides you in prayer!* "The Holy Spirit is the interior Master of Christian prayer" (CCC 2672). The Holy Spirit helps and guides you to develop a daily habit of prayer. If you ask, He will even give you the desire to pray.