

Year Two of a two year suggested schedule: Sessions 9-24 of “Chosen”; TOB Sessions 1-7 (for 2021-2022)

10th Grade: Year Two for Preparation for Confirmation

August A retreat(s) can be at the beginning, in November during Lent, and/or before Confirmation. Go to ConfirmationStudy.com. Content can be divided into 1, 1 day retreat or 3, 1 day retreats or 1, 3 day retreat etc.

September **Prayer to the Holy Spirit to develop a deeper relationship with Him. Visit: diolc.org/prayer 10th Grade for a prayer card. “Going Deeper in Prayer” Initiative**

Gathering with parents and-confirmand: Bishop Callahan’s (3 ½ min) words of encouragement at diolc.org/catechesis/sacramental-prep/confirmation, schedule, service hours, saint project etc.

The Truth: Catechumenate (Explain sacramental living and the power to answer the call)

Rite of Commitment to prepare for the Sacrament of Confirmation: from the Diocese of La Crosse

Session 1 Begin with a few icebreakers from Session 1 of “Chosen”

Theology of the Body: YOU: Life, Love and the Theology of the Body

TOB Chapter 1: Created for Love (for 2021-2022 where not implemented prior)

Session 2 Begin class with 10 minutes of quiet prayer

TOB Chapter 2: Naked without Shame

October

Session 3 TOB Chapter 3: Love Defined

Session 4 Begin class with 10 minutes of quiet prayer

TOB Chapter 4: Hope and Redemption in Christ

Session 5 Begin class with 10 minutes of quiet prayer

TOB Chapter 5: Truth and Freedom

Session 6 TOB Chapter 6: Free, Total, Faithful, Fruitful

November Possible time for a retreat (downloadable resource from Chosen)

Session 7 Begin class with 10 minutes of quiet prayer: begin with a prompt

TOB Chapter 7: Language of the Body

Session 8 Begin class with 10 minutes of quiet prayer “When did my journey begin?” (Baptism, Your Initiation into God’s Family - **Lesson 9 from “Chosen”**)

Session 9 “Why tell my sins to a priest?” The Healing Power of Confession – **Chosen Session 10**

Year Two of a two year suggested schedule: Sessions 9-24 of “Chosen”; TOB Sessions 1-7 (for 2021-2022)

December

- Session 10 Penance Service (downloadable resource from Chosen)
- Session 11 Session 12 “How does God help when it hurts?” (Anointing of the Sick and Redemptive Suffering – **Lesson 11 from “Chosen”**)
- Session 12 Preparing for Christmas - “Praying with Scripture” prayer worksheet at: diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

January

- Session 13 “Are you talking to me?” (Getting to know God through Prayer – **Lesson 18 Chosen**)
Segment 1 Time of quiet prayer – provide a prompt
- Session 14 “Are you talking to me?” (Getting to know God through Prayer – **Chosen Lesson 18**)
Segment 2 Time of quiet prayer – provide a prompt
- Session 15 “Are you talking to me?” (Getting to know God through Prayer – **Chosen Lesson 18**)
Segment 3 Time of quiet prayer – provide a prompt
- Session 16 Begin class with 10 minutes of quiet prayer: pray silently with a prayer of the Mass. “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity-**Chosen Lesson 12**)
Note: Replace the DVD clips with a Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization at diolc.org/catechesis/sacramental-prep/confirmation. If necessary, show 35 minutes in Session 13 and 35 minutes in Session 14 along with the Fruits of the Holy Spirit.

February

- Session 17 “What does the Holy Spirit do for me?” (Gifts for the Journey – **Chosen Lesson 13**)
Note: **Replace the DVD clips with The Fruits of the Holy Spirit by Bishop Robert Barron** based on Galatians 5:22. Fr. Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track.
<http://www.youtube.com/watch?v=1INut0Gi09Q> (12 minutes) See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life. Use “Chosen” workbook for discussion.
- Session 18 “Why have I been *Chosen*?” (Sealed and Sent in Confirmation –**Chosen Lesson 14**)
- Session 19 “Why do I have to go to Mass?” (Encountering Jesus in the Eucharist – **Chosen Lesson 15**)

Year Two of a two year suggested schedule: Sessions 9-24 of “Chosen”; TOB Sessions 1-7 (for 2021-2022)

Session 20 “What does it mean to say, ‘I do’?” (Marriage, a Sign of God’s Love – **Chosen Lesson 16**)

March Possible time for a retreat (downloadable resource)

Mass for Ash Wednesday – March 2, 2022

Session 21 “Who’s calling?” (Holy Orders and Vocational Discernment – **Chosen Lesson 17**)

Session 22 “Who is Mary?” (Meeting the Mother of God and Your Heavenly Family – **Chosen Lesson 19**)

The Life: Discipleship (Final preparation for a life of discipleship)

Session 23 “What would Jesus do?” (The Beatitudes as a Path to True Happiness – **Lesson 20**
Note: **Replace the DVD clips with Episode 2, part 1 Catholicism Study Program** by Fr. Robert Barron (first 23 min.) Use “Chosen” workbook for discussion or discussion questions from Office of Catechesis and Evangelization.

Session 24 Penance Service / Stations of the Cross

April

Session 25 Do I have what it takes?” (Building Virtue – Your Spiritual Workout – **Chosen Lesson 21**) Diocesan Virtue Program also available:
http://www.dioceseoflacrosse.com/ministry_resources/catechesis/

Session 26 “Why wait?” (God’s Plan for Love and Sex – **Lesson 22 from “Chosen”**)
Easter: April 17, 2022

Session 27 “How do I build the Kingdom?” (Saying “Yes to the Mission of Christ and His Church – **Lesson 23 from Chosen**)
Pre-Confirmation Interviews (downloadable resource)

Session 28 “Where do I go from here?” (The Journey Continues – **Lesson 24 from “Chosen”**)

May

Session 29 Possible Confirmation Retreat, Rehearsal and Rite of Confirmation
**Consider showing Lesson 14 and 18 again before the young people are confirmed.