



9th Grade: The Confirmation Experience

Session 1: Life is Choices

Introduction: Navigation

- Your Choices Matter
- The Best Way to Live
- God’s Dream for You
- Be a Rebel
- Decision Point
 - To demonstrate that God’s way and the way of the world are very different, and invited candidates to choose to walk with God.

Session 2: What's Holding You Back?

Introduction: What Are You Doing?

- The Quest for Happiness
- Stinking Thinking
- Hungry for the Truth
- This Is Personal
- Introduce “Going Deeper in Prayer” prayer card, diolc.org/prayer
The Prayer for the year-long focus is Praying with Scripture, including a simple prayer worksheet.
- Decision Point
 - To help candidates to recognize who and what is holding them back from living the incredible life God invites them to.

Session 3: The Jesus Question

Introduction: Looking for Judas

- Who Is Jesus?
- The Problem and the Solution
- Jesus Was a Radical
- Second Chances
- Decision Point
 - To help candidates recognize the power and importance of having a personal relationship with Jesus.

Session 4: The Prayer Process

Introduction: Silence

2021-2022

- Why Pray?
- The Big Question
- The Prayer Process
- The Best Way to Learn
- Decision Point
 - To encourage candidates to develop a daily routine of prayer.

Session 5: The Bible

Introduction: Unexpected Gifts

- A Map for the Journey
- Introduction to the Bible
- How Should I Use the Bible?
- The Power of Habit
- Decision Point
 - To encourage candidates to develop the habit of reading the Bible regularly.

Session 6: Relationships

Introduction: Bear Bait

- What Is the Purpose?
- Choose Your Friends Wisely
- What Is Love?
- Your Quest for Love
- Decision Point
 - Demonstrate that developing healthy relationships is essential to the life God is calling us to live.

Session 7: TOB Chapter 1: Created for Love

- Theology of the Body: YOU: Life, Love and the Theology of the Body
Begin class with 5 minutes of quiet prayer: begin with a prompt
- A Parent Letter informing them about the implementation of Theology of the Body and Parent Summaries of each session are available here: diolc.org/tob

Session 8: TOB Chapter 2: Naked without Shame

Begin class with 5 minutes of quiet prayer: begin with a prompt

Session 9: TOB Chapter 3: Love Defined

Session 10: TOB Chapter 4: Hope and Redemption in Christ

- Begin with 10 min. of prayer: "Praying with Scripture" prayer worksheet: John 19:23-30

diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

Session 11: TOB Chapter 5: Truth and Freedom

Session 12: TOB Chapter 6: Free, Total, Faithful, Fruitful

Session 13: TOB Chapter 7: Language of the Body

- Begin class with 10 minutes of quiet prayer: begin with a prompt

Suggested Sessions to Include:

Advent

Session: Making a good Advent - “Praying with Scripture” prayer worksheet: Luke 1:26-38

Session: Penance Service

- Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19
Download worksheet: diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

Ash Wednesday – March 2, 2022

Session: Stations of the Cross

Session: Penance Service

Easter: April 17, 2022

Session: Time of Adoration of the Risen Lord, “Praying with Scripture” John 20: 11-18



10th Grade: The Confirmation Experience

Session 1: Prayer to the Holy Spirit to develop a deeper relationship with Him.

- Visit: diolc.org/prayer 10th Grade for a prayer card. “Going Deeper in Prayer” Initiative
- Gather with parents and-confirmand: Bishop Callahan’s (3 ½ min) words of encouragement at diolc.org/catechesis/sacramental-prep/confirmation, schedule, service hours, saint project etc.

Session 2: TOB Chapter 1: Created for Love

- Theology of the Body: YOU: Life, Love and the Theology of the Body
Begin class with 5 minutes of quiet prayer: begin with a prompt

Session 3: TOB Chapter 2: Naked without Shame

Begin class with 5 minutes of quiet prayer: begin with a prompt

Session 4: TOB Chapter 3: Love Defined

Session 5: TOB Chapter 4: Hope and Redemption in Christ

- Begin with 10 min. of prayer: “Praying with Scripture” prayer worksheet: John 19:23-30
diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

Session 6: TOB Chapter 5: Truth and Freedom

Session 7: TOB Chapter 6: Free, Total, Faithful, Fruitful

Session 8: TOB Chapter 7: Language of the Body

- Begin class with 10 minutes of quiet prayer: begin with a prompt

Session 9: The Eucharist

Introduction: The Epidemic

- The One Thing
- The True Presence
- The Power of the Eucharist
- Get Close and Stay Close
- Decision Point
 - To teach candidates how to enter into a Eucharistic relationship with God, and explain the transformational power the Eucharistic can have in their lives.

Session 10: The Holy Spirit

Introduction: The Right Thing

- Who Is the Holy Spirit?
- Unopened Gifts
- The Fruits of the Holy Spirit
- Prompted
- Decision Point
 - To teach candidates to allow the Holy Spirit to guide them in their decisions.

Session 11: The Gifts of the Holy Spirit

- Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization at diolc.org/catechesis/sacramental-prep/confirmation. Show 35 minutes followed by discussion
- Teaching on each gift available from the Office for Catechesis and Evangelization

Session 12: The Gifts of the Holy Spirit (continued)

- Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization at diolc.org/catechesis/sacramental-prep/confirmation. Show 35 minutes followed by discussion
- Teaching on each gift available from the Office for Catechesis and Evangelization

Session 13: The Church

Introduction: Counter Cultural

- The First Christians and the Early Church
- One, Holy, Catholic, and Apostolic
- The Good, the Bad, the Ugly, and the Lies
- Ten Great Reasons to be Catholic
- Decision Point
 - To help candidates recognize that the Church can play a powerful role in their lives, and that they play a unique and vital role in the mission of the Church.

Session 14: Confirmation

Introduction: If You Get the Man Right

- What Is Confirmation

2021-2022

- The Power of Preparation
- How Will Confirmation Change You?
- On the Day
- Decision Point
 - To help candidates recognize that Confirmation is not the end of something, but the beginning of an incredible new phase in their faith journey.

Session 15: Made for Mission

Introduction: Everything Is Connected

- The World Is a Mess
- A World Without Neighbors
- Finding Your Mission
- Your Untapped Greatness
- Decision Point
 - To help candidates discover the mission God is calling them to.

Session 16: Holiness is Possible

Introduction: Perseverance

- The Holy Moment
- Everything Is an Opportunity
- Your YES Can Change The World!
- Review
- Dream!
 - To teach candidates how to say yes to God and that their yes can make a huge difference.

Suggested Sessions to Include:

Advent

Session: Making a good Advent - "Praying with Scripture" prayer worksheet: Luke 1:26-38

Session: Penance Service

- Preparing for Christmas - "Praying with Scripture" prayer worksheet Luke 2:1-19
Download worksheet: diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

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Session: Penance Service

Easter: April 17, 2022

Session: Time of Adoration of the Risen Lord, "Praying with Scripture" John 20: 11-18

Session: The Fruits of the Holy Spirit by Fr. Robert Barron based on Galatians 5:22.

- Bishop Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track. <http://www.youtube.com/watch?v=1INut0Gi09Q> (12 minutes) See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life.