

10th Grade: Year Two for Preparation for Confirmation

September

Gathering with parents and-confirmand: Bishop Callahan's (3 ½ min) words of encouragement at diolc.org/catechesis/sacramental-prep/confirmation, schedule, service hours, saint project etc.

Rite of Commitment to prepare for the Sacrament of Confirmation: from the Diocese of La Crosse

Session 1 Begin with a few icebreakers

Theology of the Body: YOU: Life, Love and the Theology of the Body

TOB Chapter 1: Created for Love (for 2021-2022 where not implemented prior)

Prayer to the Holy Spirit to develop a deeper relationship with Him. Visit:

diolc.org/prayer 10th Grade for a prayer card. "Going Deeper in Prayer" Initiative

Session 2 Begin class with 10 minutes of quiet prayer, including Prayer to the Holy Spirit

TOB Chapter 2: **Naked without Shame**

October

Session 3 TOB Chapter 3: **Love Defined**

Session 4 Begin class with 10 minutes of quiet prayer

TOB Chapter 4: **Hope and Redemption in Christ**

Session 5 Begin class with 10 minutes of quiet prayer

TOB Chapter 5: **Truth and Freedom**

Session 6 TOB Chapter 6: **Free, Total, Faithful, Fruitful**

November

Session 7 Begin class with 10 minutes of quiet prayer: begin with a prompt

TOB Chapter 7: **Language of the Body**

Session 8 **The Holy Spirit: the Lord and Giver of Life**

Begin class with 10 minutes of quiet prayer – Prayer to the Holy Spirit

diolc.org/prayer 10th Grade for a prayer card. "Going Deeper in Prayer" Initiative

Session 9 **Teachings of Christ – the Beatitudes and the Sermon on the Mount**

The difference between living the Beatitudes and living the world view

December

Session 10 **The Sacrament of Baptism and the supernatural Gift of Faith**

Faith: My personal response to Jesus and the Christian Way of Life.

Session 11 Penance Service

Session 12 Preparing for Christmas - "Praying with Scripture" prayer worksheet at:

diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

Prayer Meditation (Lectio Divina): Luke 1:26-38

January

Year Two: 19 Sessions from Diocesan Confirmation Program; TOB Sessions 1-7 (for 2021-2022)

- Session 13 **The Supernatural Gift of Hope**, 8 min. Video clip – Corrie Ten Boom in the Hiding Place (sneaking a Bible into a concentration camp)
Time of quiet prayer – provide a prompt
- Session 14 **The Supernatural Gift of Charity (Love)** 9 min. Video clip – St. Maximilian Kolbe in Ocean of Mercy \ Time of quiet prayer – provide a prompt
- Session 15 **The Coming of the Holy Spirit and the public manifestation of the Catholic Church**
Pentecost, Acts 1 & 2: Gifts of the Holy Spirit
Presentation by Msgr. Joseph Hirsch on **the Gifts of the Holy Spirit on DVD** (70 minutes) available at diolc.org/catechesis/sacramental-prep/confirmation. Show 35 minutes in Session 15 and 35 minutes in Session 16.
Time of quiet prayer – provide a prompt
- Session 16 Begin class with 10 minutes of quiet prayer: pray silently with a prayer of the Mass.
Presentation by Msgr. Joseph Hirsch on **the Gifts of the Holy Spirit** on DVD, available at diolc.org/catechesis/sacramental-prep/confirmation.

February

- Session 17 **The Supernatural Gift of Knowledge** \ 9 min. Video clip – St. Patrick, living as a slave in harsh circumstances, receives the gift of knowledge
- Session 18 **The Supernatural Gift of Piety** \ short Video clip on St. Maria Goretti; she places her love for God ahead of everything
- Session 19 **The Supernatural Gift of Fortitude – Courage** \ 10 min. Video clip of St. Paul
- Session 20 **The Supernatural Gift of Understanding** / 6 min. Video clip of the Scarlet and the Black

March

Mass for Ash Wednesday – March 2, 2022

- Session 21 **The Supernatural Gift of Wisdom** 8 min. Video clip of Romero
Adoration of the Blessed Sacrament
- Session 22 **The Supernatural Gift of Fear of the Lord** / 10 min Video clip of Joan of Arc
- Session 23 Penance Service
- Session 24 **The Supernatural Gift of Right Counsel** / 8 min. Video clip of Mother Teresa
Stations of the Cross

April

- Session 25 **Teaching on The Sacrament of Confirmation** / Signs and Symbols of the Sacrament of Confirmation
- Session 26 **“Praying with Scripture”** prayer worksheet: John 19:23-30 on the Crucifixion
diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

Stations of the Cross

Easter: April 17, 2022

Session 27 **Adoration of the Blessed Sacrament – He is Risen! “Praying with Scripture”** prayer worksheet: John 20:19-29 on the Resurrection

diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

The Fruits of the Holy Spirit by Bishop Robert Barron based on Galatians 5:22.

Bishop Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track. <http://www.youtube.com/watch?v=1INut0Gi09Q> (12 minutes) See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life.

Session 28 **Living Life in the Holy Spirit** – learning to recognize and to be docile to His promptings

- Daily Prayer: Scripture, quiet time, examination of conscience
- Prayer Commitment: Book of Acts of the Apostles
- Monthly Confession to stay in tune with the Holy Spirit

May

Session 29 **Teaching on Mary** - Marian Devotion / Mary will lead us to Her Son, Jesus
Marian Apparition – Our Lady of Guadalupe
Possible Confirmation Retreat at the Shrine of Our Lady of Guadalupe
Pre-Confirmation Interviews (downloadable resource)

Confirmation Retreat

A retreat(s) can be at the beginning, in November during Lent, and/or before Confirmation.

1. What is the main purpose for my life? Living in relationship with Christ.
2. The History of God’s Family (my Family if I am baptized and follow His Commandments) – focus on Jesus’ love in the Crucifixion. (Power point and simple content for The Story of the Bible)
3. Sin separates me from Jesus’ love – Conversion and Sacrament of Confession – healing.
4. The Holy Spirit helps me to be committed to Jesus in daily prayer.
5. Discipleship – The Holy Spirit guides me by inner promptings to live the Christian life.

Theme throughout retreat-Prayer: Why pray? When and how should I pray?
Challenge to Daily Prayer Commitment

Sunday after Retreat

Commitment Sunday: Prayer Service celebrated outside of Mass:

Committing to: 1) participate in Mass every Sunday, 2) pray on a daily basis, 3) live according to the Ten Commandments and the Beatitudes, 4) perform some charitable works in the name of Jesus Christ, 5) come to class each week, ready to learn more about the Faith and to share it with others.