



DIOCESE *of* LACROSSE

OFFICE FOR CATHOLIC SCHOOLS

Prayers that Students are to be taught and know “by heart”

Pre-Kindergarten

Sign of the Cross
Hail Mary
Prayer to my Guardian Angel

Our Father
Grace before Meals
Glory Be

Kindergarten

Same as Pre-Kindergarten

Grade One – review prayers from prior grades

Morning Prayer
Night Prayer
Words of Prayer: Alleluia; Holy, holy, holy; Glory to God; Amen, Thank-you God; I love you God;
for my family, Lord hear our prayer

Grade Two – review prayers from prior grades

Angel of God
Act of Contrition (the focus for the first part of the year)
The Apostles’ Creed (the focus for the second part of the year)
Introduce the Rosary (telling the Story of one of the Mysteries of Jesus’ life, and showing how it relates to our life and praying an Our Father and 10 Hail Mary’s)

Grade Three – review prayers from prior grades

The Morning Offering
Prayer to prepare for Mass
Prayer of Thanksgiving after Receiving Jesus in Holy Communion

Grade Four – review prayers from prior grades

Memorare
The Joyful, Luminous, Sorrowful, and Glorious Mysteries of the Rosary
Hail Holy Queen

Grade Five – review prayers from prior grades

Prayer before Reconciliation
Prayer after Reconciliation
Prayer to St. Michael
Litany to the Sacred Heart of Jesus

Grade Six– review prayers from prior grades

Act of Faith	Act of Hope	Act of Love
The Angelus	The Divine Praises	

Grade Seven– review prayers from prior grade

Anima Christi	Prayer to the Holy Spirit	the Beatitudes
Stations of the Cross	Daily Examination of Conscience	

Grade Eight– review prayers from prior grades

Prayer for Vocations	Prayer to Know Your Vocation
Litany of the Blessed Virgin Mary	Canticle of Mary – Luke 1:46-55

High School – review prayers from prior grades

Devotions: Mother Church guides our prayer through various prayer forms: The devotional life is our daily, personal prayer times in which we deepen our knowledge and love of Christ. The devotional life disposes us to “active participation” in the Holy Mass (CCC 1674).

Devotions taught should include but not be restricted to:

“Praying with Scripture” *Lectio Divina* – this practice is strongly encouraged by Pope Benedict XVI and other Magisterial documents. (Go to www.dioc.org for details. Click on Offices & Ministries, followed by Catechesis/Praying with Scripture for meditation sheet and more information.) (CCC 2708, 1177)

The Rosary (CCC 971, 2678, 2708)

Eucharistic Adoration and Benediction

Devotion to the Sacred Heart of Jesus (CCC 478)

Chaplet of Divine Mercy

Stations of the Cross (CCC 1674)

Spiritual Reading, especially the lives of the saints (CCC 2705-2708)

Litanies

Novenas

Intercessory Prayer

Pilgrimages (CCC 2705-2708)