

Eucharistic Revival

Receiving and Adoring Jesus - Communion and Thanksgiving

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1. What stood out for you in this Advent reflection on *Receiving and Adoring Jesus - Communion and Thanksgiving*?

2. Fr. Kizewski mentioned the four types of prayer:
 - Please
 - Sorry
 - Thank you
 - Wow: I love You and worship You

Which type of prayer do you use the most often in your conversation with God?
Which type of prayer would you like to increase in your conversation with God?

3. The Lord gave His life for you so that He can remain with you and you may receive Him. How can you adore Jesus in the Eucharist more deeply?

4. The Eucharist is where Christ gives His heart to you. How can you give your heart back to Him?

5. Where do you find the Eucharist helps you the most?

6. How can you participate in communion more intentionally?

7. How can you participate in thanksgiving more intentionally?

8. Where is the Lord inviting you to give of yourself in your life?