

## Eucharistic Revival

### "Source and Summit" of the Church's Life

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1. What stood out for you in this presentation on the Eucharist as the 'Source and Summit' of the Church's Life?
2. Fr. Weller explained that **source** comes from the word *fons*, which means a fount of life-giving water that re-creates us, a refuge or oasis, and a marriage in which we are united to God. What definition best relates to a situation in your life? Why?
3. Fr. Weller explained that **summit** comes from the word *culmen*, which means the very top, the culmination, the heights of union with God without a façade and greater perfection. What definition best relates to a situation in your life? Why?
4. Was there a story or image in this presentation that helped you understand the Eucharist in a new way?
5. "Man cannot fully find himself, except through a sincere gift of himself" (St. John Paul II). Fr. Weller explained how the Eucharist invites its recipients to give of themselves radically. As a person who receives the Eucharist, how is Jesus asking you to give of yourself more?
6. We have a tendency to use facades to get through life and our relationship with Christ and others. How have you seen God breaking down a façade in your life? What façade do you face in your life at this time?
7. Fr. Weller spoke of a powerful confession where he admitted his inability to overcome sins. The priest explained to him that this is why Jesus came, because none of us can conquer sin. Have you come to a point in your life where you realize you cannot conquer sin? Does this story resonate with you?
8. Fr. Weller explained how his eyes were opened to the reality of the Eucharist after someone corrected his usage of "wine" instead of the "Blood of Christ." How does our language reflect our belief in the Body and Blood of Christ?