

## Small Group Study Programs on the Eucharist

- **A Biblical Walk through The Mass** with Edward Siri (5 sessions)

This series explores the biblical roots of the words and gestures we experience in Mass and explains their profound significance. Multiple sets of DVDs available from the Office for Catechesis and Evangelization for free rental or for purchase of Leader's Guide, Participant Booklet and book from Ascension Press

- **Presence: The Mystery of the Eucharist** by the Augustine Institute (4 sessions)

Four-part series with leader and participant workbook. Presence explores the radical mystery of God's love expressed in the Eucharist and shows how in this Sacrament God is really present to help and strengthen us at every step of life's journey. By diving into the story of God's love for His people in Scripture and the Church's teaching on this Sacrament, Presence invites each one of us into a deeper, more intimate union with God. One set of DVDs available for free rental from the Office for Catechesis & Evangelization or leader and participant workbooks and DVDs available for purchase from the Augustine Institute.

- **Lectio Eucharist** with Dr. Brant Pitre (10 sessions)

This series focuses on the Biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching. One set of DVDs is available for free rental from the Office for Catechesis and Evangelization and also available on FORMED. Leader and participant workbook and DVDs available from Catholic Market.

- **The Mass** with Bishop Robert Barron (7 sessions)

Walk through the Holy Mass with Bishop Barron and be transformed through insights on this most privileged and intimate encounter with our Lord Jesus Christ. See how the Mass brings us out of the fallen world and into the Heavenly realm, how it resonates with a call from God and a response from His people, the Church, and most importantly, how we are intimately joined with the Body, Blood, Soul and Divinity of Jesus through the Holy Eucharist. The Mass will help you understand how to fully, consciously, and actively participate in the source and summit of the Christian life. One set of DVDs available for free rental from the Office for Catechesis and Evangelization or leader and participant workbook and DVDs available from Word on Fire.

- **Eucharist** with Bishop Robert Barron (5 sessions)

Experience for yourself the profound mystery of the Eucharist as Sacred Meal, Sacrifice and Real Presence. These elements unite the Church across time and unite us to our fellow Catholics in every sacred liturgy. One set of DVD's for free rental available from the Office for Cat. & Evang. or leader and participant workbook along with DVDs available for purchase from Word on Fire.

- **Altaration** with Mark Hart, Jackie Angel, Fr. Mike Schmitz, Chris Stefanick etc. (5 lessons)

Altaration addresses getting Catholic teens and parents to appreciate the awesome beauty and mystery of the Mass...and to actually look forward to attending and participating. Available from Ascension Pres. The goal of Altaration is not to fill heads with information but to pierce hearts with transformation.

- ***Jesus and the Eucharist Study*** compiled for the Eucharistic Revival (7 sessions)  
Sessions 1-4 are from *The Search* with Chris Stefanick and sessions 5-7 are from *Presence: The Mystery of the Eucharist* by the Augustine Institute. In addition, the following elements are featured as part of the Eucharistic Revival: personal testimonies about the Eucharist, small group discussion, praying with Eucharistic passages in Scripture (lectio divina), a closing prayer with a litany.  
Implementation Training and Table Facilitator Training is available here:  
[www.eucharisticrevival.org/parishpointperson](http://www.eucharisticrevival.org/parishpointperson) Scroll down to Robust Formation for “Jesus and the Eucharist” Small Group Study.