

## Dear Friend in Christ,

We are very excited to provide you with an initiative entitled “**Going Deeper in Prayer.**” The essence of this initiative is to pray a specific prayer each day, while deepening your understanding of the words and underlying principles. Praying the *Prayer to Jesus* for a whole year will allow it to become very personal and a place of encounter with Our Lord for each person who is praying with it.

Isn't it true that each of us needs to become more committed to speaking with Jesus on a daily basis? Being intentional about choosing a time for prayer each day and then being dedicated in order to deepen your relationship with Jesus is the path to true happiness (joy) and peace.



*Jesus instituted the Holy Eucharist at the Last Supper.*

## Resources for the *Prayer to Jesus*

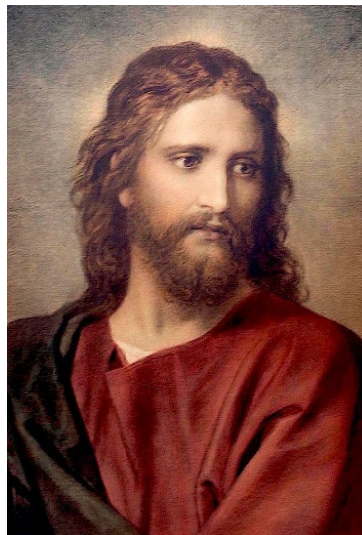
The following **Resources** are also provided online for use in helping you to go deeper in your understanding of the *Prayer to Jesus*: [diolc.org/deeper](http://diolc.org/deeper)

- A simple introduction about God's love
- The goals for praying this prayer each day
- The meaning of the words of the prayer
- The principles underlying the prayer
- Understand the words on a personal level
- Spiritual Comprehension: Are you going deeper in your understanding of the words?
- Ways to encounter Jesus in Prayer?
- The Scriptural Foundation of the words of the prayer

The *Prayer to Jesus* prayer card and resources can be downloaded from the website and inserted into a plastic sleeve to protect it. Go to [www.diolc.org/deeper](http://www.diolc.org/deeper)

**The following truths underlie any formation in prayer:**

1. *The Person of Christ desires that you develop a friendship with Him.* This relationship is prayer. You will want to study and continue learning about the Person of Jesus, but even more importantly, you want to encounter, develop and deepen your friendship with Him by being committed to personal and communal prayer.
2. *Every person needs to learn how to pray.* “Like a wise teacher Jesus takes hold of us where we are and leads us progressively toward the Father.” (*Catechism of the Catholic Church*, hereafter CCC, paragraph 2607). *Jesus teaches you how to pray!*
3. *The Holy Spirit dwells within you and guides you in prayer!* “The Holy Spirit is the interior Master of Christian prayer” (CCC 2672). The Holy Spirit helps and guides you to develop a daily habit of prayer. If you ask, He will even give you the desire to pray.
4. Learning about Jesus in an ongoing way, being committed to speaking with and listening to Him on a daily basis and receiving the Sacraments are needed in order to be strengthened by God to love Him and our neighbor.



Learning about Jesus and His True Presence in the Eucharist in an ongoing way, being committed to speaking with and listening to Him on a daily basis and receiving the Sacraments are needed in order to be strengthened by God to love Him and our neighbor as Jesus loves us.