

Year One of a two year suggested schedule: 7 sessions from Diocesan Confirmation Program; T-3; TOB 1-7

## ***9<sup>th</sup> Grade: Year One of Preparation for Confirmation 2024-2025***

### **Opening Meeting with Parents and Confirmandi**

What is the Sacrament of Confirmation and Why is it Needed?

Main Focus: Commitment to Daily Prayer, Receiving the Teachings with an Open Heart, Receiving the Sacraments and Living the Catholic Faith, that includes Service to those in need,

### **September**

*The Way:* Pre- Evangelization (Remove obstacles and present the “big picture.”)

Session 1 Begin with icebreakers **We believe in One God** (Diocesan Confirmation Program – DCP)

Session 2 **How do we know Who God is and what He wants?** (DCP) Divine Revelation (Tradition and

Scripture) – what God has revealed to us.

**The Story of the Bible** (DCP) provides an overview of the entire Bible / See Franciscan at Home video found on workshop entitled Sacred Scripture: The Big Picture (segment 5, 28 min.)

**October** (in 2024, there is an extra week in October if the parish meets on Wednesday. Add session on how we know that God exists; or use 1 of the 2 teachings in Session 3)

*The Way:* Evangelization (Deliver life-changing kerygma/Gospel message)

Session 3 **The Blessed Trinity, God the Father** (DCP)

**How do we have a relationship with God – Prayer** (DCP) Introduce “Going Deeper in Prayer” prayer card, [diolc.org/prayer](http://diolc.org/prayer)

Session 4 **Creation: God created everything out of nothing and out of love** (DCP) / **The Fall of Adam and Eve** (DCP): Original Sin and the effects on us

Session 5 **Bible Timeline from Adam to Jesus with Scripture Study** T-3 Lesson / Session 1  
1 short video clip with each segment on a Biblical figure with application to life

Session 6 T-3 Lesson 2 – The Early World / **Abraham and the obedience of faith**

### **November**

Session 7 T-3 Lesson 3 – The Patriarchs / **Abraham and the Sacrifice of Isaac or Joseph and**

Session 8 T-3 Lesson 4 – Egypt and Exodus, Joshua, and Judges / **Moses and Obedience to God: Passover and the Parting of the Red Forgiveness or The Golden Calf and God’s Gift of the Law: The Ten Commandments**

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Session 9 T-3 Lesson 5 – The Kingdom of God – United and Divided / **David, Anointing as King, Sin and Repentance**

### **December**

Session 10 T-3 Lesson 6 – The Exile, The Return, and The Revolt **The Prophet Jeremiah, accepting and doing it God’s way / The Prophet Isaiah: Who is the Savior and why will He suffer? or Covenants**

Session 11 **T-3 Lesson 7 – Jesus and the Gospels – Messianic Fulfillment God the Son: Who is Jesus and why did He become Man? / Preparation for the Birth of Christ**  
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38  
visit: [diolc.org/prayer](http://diolc.org/prayer) 9<sup>th</sup> Grade

Session 12 Penance Service  
Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19  
Download worksheet: visit: [diolc.org/prayer](http://diolc.org/prayer) 9<sup>th</sup> Grade

### **January**

Session 13 T-3 Lesson 8 – The Early Church and the Church Today / **The Holy Spirit: the Lord and Giver of Life**

Session 14 Begin class with 5 minutes of quiet prayer: begin with a prompt  
**Theology of the Body: YOU: Life, Love and the Theology of the Body**  
TOB Chapter 1: **Created for Love**

Session 15 Chapter 1 continued

Session 16 Begin class with 5 minutes of quiet prayer: begin with a prompt  
TOB Chapter 2: **Naked without Shame**

### **February**

Session 17 Chapter 2 continued

Session 18 TOB Chapter 3: **Love Defined**

Session 19 Chapter 3 continued

Session 20 TOB Chapter 4: **Hope and Redemption in Christ**

### **March**

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*The Truth: Catechumenate (Explain sacramental living and the power to answer the call)*

Session 21 Mass for **Ash Wednesday – March 5, 2025**

Session 22 Session 4 continued  
Stations of the Cross

Session 23 Begin with 10 min. of prayer: “Praying with Scripture” prayer worksheet: John 19:23-30  
[diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture](http://diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture)  
TOB Chapter 5: **Truth and Freedom**

Session 24 Penance Service (downloadable resource)

#### **April**

Session 25 Begin class with 10 minutes of quiet prayer in church: begin with a prompt  
Chapter 5 continued

Session 26 TOB Chapter 6: **Free, Total, Faithful, Fruitful**  
Stations of the Cross

#### **Easter: April 20, 2025**

Session 27 Time of Adoration of the Risen Lord, “Praying with Scripture” John 20: 11-18  
Chapter 6 continued

Session 28 Begin class with 10 minutes of quiet prayer: : “Praying with Scripture” John 20:19-29  
TOB Chapter 7: **Language of the Body**

#### **May**

Session 29 Begin class with 10 minutes of quiet prayer: begin with a prompt  
Chapter 7 continued

**Encourage the youth to read one passage of Scripture per day, beginning with Luke 1 over the summer. Note: not one chapter, but one passage.**

**Another resource to consider: “How God Guides Us” [Visit diolc.org/catechesis/prayer](http://diolc.org/catechesis/prayer) and scroll to the bottom of the page – 12<sup>th</sup> Grade.**