



# Diocese of La Crosse

## Lay Formation Institute Year I

### Academic Year 2025-2026

**St. Anthony's Spirituality Center, 300 E 4<sup>th</sup> St, Marathon City 54448 (except November and April in La Crosse)**

	September 5-6	October 10-11	November 7-8*	December 5-6	January 9-10	February 6-7	March 6-7	April 10-11*	May 1-2
<b>Friday</b>									
7:15 p.m.	Director's Conference	Director's Conference	Director's Conference	Director's Conference	Director's Conference	Director's Conference	Director's Conference	Director's Conference	Director's Conference
7:45-8:30	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture
8:45-9:30	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture
9:30	Night Prayer	Night Prayer	Night Prayer	Night Prayer	Night Prayer	Night Prayer	Night Prayer	Night Prayer	Night Prayer
<b>Saturday</b>									
6:45 a.m.	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass	Morning Prayer/Mass
8:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30-9:20	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture
9:30-10:20	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Profession of Faith	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture	Intro to Sacred Scripture
10:30-11:20	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion
11:30-Noon	Adoration	Adoration	Adoration	Adoration	Adoration	Adoration	Adoration	Adoration	Adoration
Noon	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-1:50	Intro to Liturgy of the Hours	Vatican II Foundations	Vatican II Foundations	Vatican II Foundations	Liturgy & Sacraments	Liturgy & Sacraments	Intro to Sacred Scripture	Liturgy & Sacraments	Intro to Sacred Scripture
2:00-2:50	Intro to Liturgy of the Hours	Vatican II Foundations	Vatican II Foundations	Vatican II Foundations	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments
2:50-3:10	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>	<i>Long Break</i>
3:10-4:00	Intro to Liturgy of the Hours	Vatican II Foundations	Vatican II Foundations	Vatican II Foundations	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments
4:10-5:00	Intro to Liturgy of the Hours	Vatican II Foundations	Vatican II Foundations	Vatican II Foundations	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments	Liturgy & Sacraments
5:00	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer	Evening Prayer
5:15	Departure	Departure	Departure	Departure	Departure	Departure	Departure	Departure	Departure

*Shaded areas are shared with Deacon Aspirants.*

**\*Weekends to be held at Holy Cross Diocesan Center, 3710 East Ave S, La Crosse 54601**