

Day 2: Saturday, May 31, 2025***Prayer to the Holy Spirit***

O Holy Spirit, Beloved of my soul, I adore You.

Enlighten me, guide me, strengthen and console me.

Tell me what I ought to do and command me to do it.

I promise to submit to everything that You ask of me and to accept all that You allow to happen to me. Just show me what is Your will, O Holy Spirit.

Ask the Holy Spirit for an increase of the Gift of Wisdom.

Wisdom is the gift that is both the knowledge of and judgment about divine things. Wisdom is also the ability to judge and direct human affairs according to Divine Truth, such as the purpose and goal of your life. Wisdom is not only looking at the end goal; it is looking at the big picture. Wisdom helps you to distinguish between what is ordinary and what is sacred. The Holy Eucharist is above all sacred, as well as the other six Sacraments. Scripture is sacred. The teachings of the Church in the *Catechism* are sacred. You are a temple of the Holy Spirit and therefore you are sacred.

Meaning of the Words of the Prayer to the Holy Spirit

- **Holy Spirit, Beloved of my soul, I adore You.**

The Holy Spirit is God. The Holy Spirit is “Beloved of my soul” because He is the Third Person of the Blessed Trinity and therefore you are called to adore Him.

- **Enlighten me, guide me, strengthen and console me. Tell me what I ought to do and command me to do it.**

In this prayer you are asking for the Holy Spirit’s enlightenment, for greater understanding of the Truth, guidance in doing what is right and good, the strength to do it, and the consolation of joy and peace that you are on the right path. You can trust the Holy Spirit, Who only wants what is best for you.

- **I promise to submit to everything that You ask of me and to accept all that You allow to happen to me.**

With the help of the grace of the Holy Spirit, you will be strengthened to accept and be faithful in doing His holy will.

- **Just show me what is Your will, O Holy Spirit.**

You are asking that the Holy Spirit will show you His good and perfect will.



Pentecost