

Year One of a two year suggested schedule: 7 sessions from “Chosen” including 1-8 and 18; Venture; TOB 1-7

9th Grade: Year One of Preparation for Confirmation 2025-2026

September

Jesus is the Way: Pre- Evangelization (Remove obstacles and present the “big picture.”)

Session 1 “Why am I here?” (An Introduction to **Chosen- Lesson 1**) Begin with icebreakers

Session 2 “What makes me happy?” (Discovering God as the Source – **Lesson 2 from “Chosen”**)

October Introduce “Going Deeper in Prayer” prayer card, diolc.org/prayer

The Way: Evangelization (Deliver life-changing kerygma/Gospel message)

Session 3 “What’s your story, God?” (A Look at Salvation History – **Lesson 3 from “Chosen”**)

Session 4 Venture Bible Timeline by Mark Hart. 8 DVD sessions with Venture workbook.
Venture Lesson 1 – Intro to Bible (available at Ascension Press)

Session 5 Venture Lesson 2 – The Early World

Session 6 Venture Lesson 3 – The Patriarchs

November

Session 7 Venture Lesson 4 – Egypt and Exodus, Joshua, and Judges

Session 8 Venture Lesson 5 – The Kingdom of God – United and Divided

Session 9 Venture Lesson 6 – The Exile, The Return, and The Revolt

Mass of Thanksgiving

December

Session 10 Venture Lesson 7 – Jesus and the Gospels – Messianic Fulfillment

Session 11 Venture Lesson 8 – The Early Church and the Church Today
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38

Session 12 Penance Service (downloadable resource from Chosen)
Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19
Download worksheet: diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture

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January

- Session 13 “How do I know God is real?” (Understanding Divine Revelation – **Lesson 4 from “Chosen”**)
- Session 14 “Who is Jesus?” (The Person and Mission of Christ- **Lesson 5 from “Chosen”**)
- Session 15 “Why be Catholic?” (Discovering the Church Jesus Founded – **Lesson 6 from “Chosen”**)
- Session 16 “Are you talking to me?” (Getting to know God through Prayer – **Lesson 18 from “Chosen”**) **Segment 1** Time of quiet prayer – provide a prompt

February

- Session 17 “Are you talking to me?” (Getting to know God through Prayer – **Lesson 18 from “Chosen”**) **Segment 2** Time of quiet prayer – provide a prompt
- Session 18 “Are you talking to me?” (Getting to know God through Prayer – **Lesson 18 from “Chosen”**) **Segment 3** Time of quiet prayer – provide a prompt
- Session 19 **Mass for Ash Wednesday is February 18, 2026**
- Session 20 Begin class with 5 minutes of quiet prayer: begin with a prompt
Theology of the Body: YOU: Life, Love and the Theology of the Body
TOB Chapter 1: Created for Love
Note: The ideal would be to have a group for the girls and a group for the boys.

March

Jesus is the Truth: Explain sacramental living and the power to answer the call

- Session 21 Stations of the Cross
TOB Chapter 2: Naked without Shame
- Session 22 Begin class with 10 minutes of quiet prayer: Pray with a Scripture passage:
Luke 15:11-32
diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture
TOB Chapter 3: Love Defined
- Session 23 Penance Service
TOB Chapter 4: Hope and Redemption in Christ

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Session 24 Stations of the Cross
TOB Chapter 5: Truth and Freedom

April

Easter Sunday April 5, 2026

Session 25 Begin class with 10 minutes of quiet prayer: Pray with a Scripture passage, Matthew 1:18-25 using the prayer worksheet
TOB Chapter 6: Free, Total, Faithful, Fruitful

Session 26 Begin with 10 min. of prayer: “Praying with Scripture” prayer worksheet: John 19:23-30
“Where am I going” (**replace**: A Look at the Last Things – **Lesson 7 from “Chosen**
Note: replace the video clips from “Chosen” with Episode 10 of Fr. Barron’s Catholicism Project: World without End, the Last Things (51 minutes with 6 parts: Elusive Realities, The Last Things, Beginning with Dante, Purgatory, Angels and Devils, Heaven. Discussion questions available from the Office of Catechesis and Evangelization or use “Chosen” workbook)

Session 27 Begin class with 10 minutes of quiet prayer: begin with a prompt
Penance Service (downloadable resource)

Easter: April 20, 2025

Session 28 Time of Adoration of the Risen Lord, “Praying with Scripture” John 20: 11-18
TOB Chapter 7: Language of the Body – first half

Session 29 Begin class with 10 minutes of quiet prayer: “Praying with Scripture” John 20:19-29
TOB Chapter 7: Language of the Body – second half

May

Session 30 Begin class with 10 minutes of quiet prayer: begin with a prompt
“How do I get there?” (The Power and Purpose of the Sacraments – **Lesson 8 Chosen**