

## **We Can Develop a Relationship with God through Prayer**

*“To you I lift up my soul O Lord, my God. In you I trust”*

(Ps. 25:1)

**Consider the following statement:** Prayer is a living relationship with the Persons of the Blessed Trinity, Father, Son and Holy Spirit.

*Keeping the above statement in mind, read and meditate on the following passages:*

### **Scripture:**

Ps. 25	<u>Prayer for Guidance and Help</u>
Ps 25:1	The soul's trust in God
Mt. 6:9-13	<u>The Our Father</u>
Mt. 11:28	God will give rest to those who labor or are burdened
John. 4:4-42	<u>Jesus and the Samaritan Woman at the Well</u>
John 17	<u>The Prayer of the hour of Our Lord</u>
Acts 17:28	Existence in the God
Rom 8:26	Prayer aided by the Spirit
Eph 1:3-14	Praise God the Father
Phil 2:6-11	<u>On Humility</u> – Christ took the form of a slave
I Thess 5:28	May Christ's grace be with you
I Thess. 5: 17-18	Pray always
Heb. 7:25	Christ saves those who approach God through him.
Rev. 4:8-11	Holy is God

### **Catechism:**

Main Section (CCC, 2558-2865)  
Prayer as God's Gift – CCC, 2559-2561  
Prayer as covenant – CCC, 2562-2564  
Prayer as communion – CCC, 2565  
Universal Call to Prayer – CCC 2566-2567  
Prayer of Blessing/Adoration – CCC, 2626-2628  
Prayer of Petition – CCC, 2629-2633  
Prayer of Intercession – CCC, 2634-2636  
Prayer of Thanksgiving – CCC, 2637-2638  
Prayer of Praise – CCC, 2639-2643  
The Battle of Prayer – CCC, 2725f.  
The Our Father – CCC, 2759f.

### **Key Terms:**

Prayer: The elevation of the mind and heart to God in praise of his glory;

Adoration: The acknowledgement of God as God, Creator and Savior, the Lord and Master of everything that exists.

Intercession: A form of prayer of petition on behalf of others.

*“For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy.”*

St. Therese of Lisieux