



The Meaning of Life

The Longing for God is Written on Your Heart.

Every human heart longs for something more. We look for a happiness that never fades, for the meaning of life especially during difficult times, and for the truth that sets us free from fear and worry. We may enjoy success, comfort, and love from others—but there always remains that “something more” we cannot quite name. Deep down, we know that nothing in this world ever completely satisfies.

That unmet longing within us is actually a gift, for that longing is God’s call written on our heart. It is the voice of God calling within every heart. Nothing in this life can fulfill our desire, for a time maybe but not forever; deeply, but not as deeply as our heart desires. This is true because nothing created can fully satisfy our desires. Only in God will we find the joy and fulfillment we seek because God alone is sufficient. As St. Augustine said, *“Our hearts are restless until they rest in You, O Lord.”*

Why? The reason this longing points to God is because you are created in the **image of God**. You have a mind, which is capable of knowing Him; a will capable of choosing Him. And you have a heart made to love Him. No

other created thing in the universe has this dignity.

And because of this dignity, God has written into your very being a desire for Himself. He calls each of us **by name** into a relationship with Him. That is the deepest truth about each one of us. You are not an accident of history. You are wanted. You are chosen. You are loved.

Yet, if we are honest, we know how easy it is to forget this. Evil in the world, distractions, indifference, even bad examples from others—these can all drown out God’s voice. Sometimes we turn away because of fear, or because we’re too busy, or because we wonder if God could really *want* us – you and me.

But the “Good News” is this: God never stops calling you. Never! Even when we wander away from Him, He pursues us. Even when we close our hearts to Him, He knocks gently at the door. Even when we feel farthest from Him, He is closer than our very breath.

This is why Jesus came: to reveal the face of the Father, to draw us back into that relationship of love. He – Jesus – is not just an idea, not just a teacher, but a Person. And when you encounter Him, your life cannot remain the same.

Think about your own life. Be encouraged to listen to that desire in your heart. Look back over your life – those times when God felt close, those times when you wondered where He was. See how His hand has been guiding you, even in ways you didn’t notice at the time.

And then, start fresh today in your desire to go deeper in your relationship with God - Jesus. Take five minutes each day this week. Sit quietly with the Lord. Speak to Him from your heart. Listen to His Word. Let Him remind you that you are His beloved son or His beloved daughter. It is essential that you be “fed” every day with a steady diet of the truth of God’s unconditional love for you. The reason is because this truth gets “crowded out” through the busyness of life and the contradictory messages of the culture.

The meaning of your life—the answer to your restless searching—can only be found in God. And the good news is, not only did He create you and want you, He has been seeking you, and will never stop seeking you, to be in the deepest friendship with Him.

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