

Resources for Confirmation Prep for Adult Catholics

1.) The Search with Christopher Stefanick on FORMED OR DVD Program – 7 Episodes

What is this journey in between the event we call 'birth' and the one we call 'death'? Is the journey taking you somewhere, or are you leading yourself to some kind of destination – a destination that could extend beyond your last breath? What do you want from your life during the in between? The questions are there. And the answers are too. This Program is beautiful and compelling and will strengthen the person's desire to deepen their relationship with Jesus and the Church.

What Do You Seek? | The Search | Episode 1

We open hearts with a look at the question “what do you seek?” What is that deep longing in our hearts all about? We're all living for something, and we all strive for that something out there that is ultimately going to make us happy. But what is it? For some, this question is on their minds every day. For others, life goes by in a flash without even asking the question.

Who Are You? | The Search | Episode 2

To find clues as to the meaning of life, we first look at ourselves. Who am I? Is there more to me than matter? Is there more to us than meets the eye? We talk with neuroscientists, psychologists, composers, and artists to examine the mystery of you. If you're just a body, then satisfaction in life should come from tending to simple bodily needs. Fill your stomach, be comfortable. But there's more to you than that. You are material and immaterial. And that unseen part of you craves for so much more. As C.S. Lewis once said, “If we find ourselves with a desire that nothing in this world can satisfy, the most probable explanation is that we were made for another world.”

Why a God? | The Search | Episode 3

Today we seem to think we've moved beyond the idea of God, but this secular view of life is a very new and unusual idea to humanity. All through human history man has looked to something outside himself for the answers to life. Why have we given up on God? Do we think science has disproven Him? Do we think society is better off without him? We talk with astrophysicists, chemists, Harvard professors, and more to make the case that it's not only reasonable to believe in God, it's essential if you want to have a truly amazing life. Our souls seek their creator, and we'll never be truly happy unless we seek Him out. As St. Augustine famously said, "You have made us for Yourself O Lord, and our hearts are restless. until they rest in Thee."

What's Our Story? | The Search | Episode 4

Your life is a story. And it's caught up in the great story of humanity. This great story, as we see it in the Scriptures, shows us the amazing love story that is God's pursuit of man. The

God that is love created so we can ultimately be with his love. We were made to be with God. Union with God is so central to the purpose of life, we even see the afterlife in these terms. Our definition of Heaven is union with God, and hell is the absence of Him. Your life has a plot. Your life has a purpose. Your life has value. We need to see how we fit into this big love story to begin to know why we exist. And that love of God isn't abstract. It has a face and name: Jesus.

Who is Jesus? | The Search | Episode 5

The most beautiful part of this story is this: we can know God's love, personally. This is the person of Jesus. But how did this seemingly insignificant carpenter born into poverty in a dusty corner of the Roman Empire become the most pivotal figure in all of history? Christianity isn't simply a philosophy for life – the center of Christianity is a person. We look at the life of Jesus and what he came to do. Ultimately, we need to decide if Jesus really was who he said he was. We can't sit on the fence. Because if Jesus really was who he said he was, we need to make him the Lord of our lives, and everything changes.

Am I Saved? | The Search | Episode 6

What Jesus did for us through his life, death and resurrection was the greatest act of love in history. He saved us. He did this for each one of us. Personally. But some might feel unworthy of this gift of love. We may feel we have too much baggage. We may feel unlovable. But God didn't come to reveal himself to us on a pedestal, he came to enter into our messy human condition. To fix us from within. To transform us from the inside out. Some might be surprised by how generous the love of God really is. We don't deserve God's love, but that's the amazing reality of God's mercy. This relationship with God isn't all about our love for Him. It's about His love for us that changes our lives forever.

Why a Church? | The Search | Episode 7

How do I access this man who lived 2000 years ago? How do I live this call of love? We uniquely encounter the love of God in His Church. But really? The Church? There are so many negative views of the Church. It's out of touch. It's full of bad people. It's just too boring. Maybe when we say "The Church" we mean a little more.

2.) The Chosen Confirmation Program by Ascension Press Digital or DVD - 2 Episodes

Lesson 18 – Are you talking to me? (Getting to Know God Through Prayer)

Seg. 1 – What Is Prayer? (7:39)

Seg. 2 – How to Pray (Lectio Divina) (6:48)

Seg. 3 – What Happens When I Pray? (4:21)

Lesson 10 – Why tell my sins to a priest? (The Healing Power of Confession)

Seg. 1 – Hitting the Goal (5:55)

Seg. 2 – What Is Sin? (5:17)

Seg. 3 – The Power of Confession (7:22)

3.) Lectio: Confirmation with Dr. Brant Pitre

online at www.augustineinstitute.org/bible-studies/lectio-confirmation

and also on FORMED or DVD Program - 9 Episodes

Confirmation is mysterious.

Is Confirmation really necessary if we've been baptized? What is the connection between the outpouring of the Holy Spirit at Pentecost and the graces bestowed at Confirmation? What does the Bible have to say about the meanings of the actions and prayers found in the Rite of Confirmation? Why are there different practices in the Church about the proper age to receive Confirmation? How does Confirmation strengthen us to endure persecution as we witness to Jesus? Discover the answers to these questions and more in this Lectio series on the Sacrament of Confirmation.

Join renowned biblical scholar Dr. Brant Pitre as he delves into the riches of Scripture and Tradition to shed light on this all too often misunderstood sacrament. Gain a deeper understanding of the gifts the Holy Spirit gives us in Confirmation and how we might live them out more fully as we take up our crosses and follow Christ.

With the hallmark artistry of the Augustine Institute, this dynamic video program and accompanying workbook combine an in-depth biblical study with insightful questions, clarifications of the many misconceptions about Confirmation, and personal reflections that will strengthen your faith as you seek to bear witness to the good news in your own life.

The Misunderstood Sacrament | Lectio: Confirmation | Episode 1

Why is Confirmation so mysterious? Dr. Pitre opens this study by considering the various ways that the Sacrament of Confirmation is understood today along with common misconceptions that surround it. He then explores the close connection between Confirmation and the person of the Holy Spirit.

The Grace of Pentecost | Lectio: Confirmation | Episode 2

Dr. Pitre looks at both the Old and New Testaments to unpack the Jewish roots of the feast of Pentecost and how the Holy Spirit's descent upon the disciples at Pentecost came to be associated with the sacrament of Confirmation.

The Sacrament of Evangelization | Lectio: Confirmation | Episode 3

What does it mean to call Confirmation the "sacrament of evangelization"? In this session, Dr. Pitre unpacks how the anointing of Apostles at Pentecost empowered them to proclaim the good news to all nations. In like manner, Confirmation gives us the grace to spread the Gospel.

The Rite of Confirmation | Lectio: Confirmation | Episode 4

To understand the rich symbolism of the Church's celebration of Confirmation, we must turn to the Scriptures. Working through the Old and New Testaments, Dr. Pitre identifies the scriptural roots of the three essential elements of the Rite: anointing with oil, laying on of hands, and being "sealed" with the Spirit.

The Completion of Baptism | Lectio: Confirmation | Episode 5

Dr. Pitre draws on the Scriptures and writings of the early Church Fathers to reveal the close connection between the sacraments of Baptism and Confirmation. He shows how Confirmation increases and deepens the graces of Baptism and strengthens us for spiritual warfare.

The Gifts of the Holy Spirit | Lectio: Confirmation | Episode 6

How do the seven gifts of the Holy Spirit named by the prophet Isaiah relate to the graces of Confirmation? By looking closely at the New Testament's portrait of Jesus, Dr. Pitre details how the gifts of the Holy Spirit enable Christians to share in Jesus's Messianic mission.

The Sacrament of Martyrdom | Episode 7

In the Gospels, we find Jesus warning his disciples that all who follow him will face suffering and opposition. In this session, Dr. Pitre turns his attention to the ways the Confirmation equips disciples to bear witness to Christ in the face of persecution, even to the point of death.

The Timing of Confirmation | Lectio: Confirmation | Episode 8

When should a person be confirmed? Dr. Pitre explores the diverse practices within the Church regarding the age of Confirmation. He emphasizes that a clear grasp of what the graces of Confirmation are ordered toward is essential to considering how best to prepare for receiving it.

Question and Answer | Lectio: Confirmation | Episode 9

Dr. Pitre takes time to answer numerous questions about the sacrament of Confirmation and material covered over the course of the study.

Another resource that is highly recommended for the adult(s) to complete either with another person, a group, or on their own is **Lectio: Eucharist** with Dr. Brant Pitre. This outstanding series is available here www.augustineinstitute.org/bible-studies/lectio-eucharist on FORMED and on DVD.