

The Chosen

Season 1: Episode 2, Part 2 (17 minutes)

“Remember the Sabbath day, to keep it holy.”

- 1) Read the following Scripture passage aloud: Exodus 20:8-11, which is the Fourth Commandment
(Each student needs their own Bible to read and reflect on the Scripture passage.)
- 2) Allow the students to re-read the same passage again, this time silently.
Reading the passage two times allows us to be clear on all the details so that we become more familiar with what is happening.
- 3) What “stood out” for you in the passage? Allow the students a minute to think about this.
Ask 2 or 3 students to share their response aloud.
- 4) Watch Episode 2, Part 2
Brief overview:
The Jews are preparing to celebrate Shabbat.
Jesus comes to celebrate Shabbat at Mary’s house.
- 5) What “stood out” for you in the Episode? If needed, the list from the brief overview above could be named for students to help think about what was most impactful for them.
- 6) Go back and re-read the Scripture passage again.
After the process of reading the Scripture passage, writing down what “stood out” for you, and watching the Episode, what now stands out the most for you?
- 7) Further discussion questions:
 - Why do you think God commands us to rest on Sunday?
 - How do you spend Sunday, also referred to as Lord’s Day?
 - In what way has watching this episode of the Chosen changed your view of the importance of Sunday?
- 8) Close the session in a prayer of thanksgiving to Jesus.