

9th Grade: Year One of Preparation for Confirmation 2026-2027

Opening Meeting with Parents and Confirmandi

What is the Sacrament of Confirmation and Why is it Needed?

What kind of Commitment is Needed: Commitment to Daily Prayer, Receiving the Teachings with an Open Heart, Receiving the Sacraments and Living the Catholic Faith, that includes Service to those in need. See the Confirmation brochure that highlights each of these aspects of preparation:

<https://diolc.org/catechesis/sacramental-prep/confirmation/>

September

The Way: Pre- Evangelization (Remove obstacles and present the “big picture.”)

Session 1 Begin with icebreakers **We believe in One God** (Diocesan Confirmation Program – DCP)

Session 2 **How do we know Who God is and what He wants?** (DCP) Divine Revelation (Tradition and Scripture) – what God has revealed to us.

The Story of the Bible (DCP) provides an overview of the entire Bible / See Franciscan at Home video found on workshop entitled Sacred Scripture: The Big Picture (segment 5, 28 min.)

October

The Way: Evangelization (Deliver life-changing kerygma/Gospel message)

Session 3 **The Blessed Trinity, God the Father** (DCP)

How do we have a relationship with God – Prayer (DCP) Introduce “Going Deeper in Prayer” prayer card, diolc.org/prayer

Session 4 **Creation: God created everything out of nothing and out of love** (DCP) / **The Fall of Adam and Eve** (DCP): Original Sin and the effects on us

Session 5 **Teen Bible Timeline/Study from Ascension Press by Mark Hart:**

From Adam to Jesus with Scripture Study: Venture Session 1

1 short video clip with each segment on a Biblical figure with application to life

Session 6 Venture Lesson 2 – The Early World / **Abraham and the obedience of faith**

November

Session 7 Venture Lesson 3 – The Patriarchs / **Abraham and the Sacrifice of Isaac or Joseph and**

Session 8 Venture Lesson 4 – Egypt and Exodus, Joshua, and Judges / **Moses and Obedience to God: Passover and the Parting of the Red Sea or The Golden Calf and God’s Gift of the Law: The Ten Commandments**

Year One of a two year suggested schedule: 7 sessions from Diocesan Confirmation Program; Venture; TOB 1-7

Session 9 Venture Lesson 5 – The Kingdom of God – United and Divided / **David, Anointing as King, Sin and Repentance**

December Advent begins on Sunday, November 29th, 2026

Session 10 Venture Lesson 6 – The Exile, The Return, and The Revolt **The Prophet Jeremiah, accepting and doing it God’s way / The Prophet Isaiah: Who is the Savior and why will He suffer? or Covenants**

Session 11 **Venture Lesson 7 – Jesus and the Gospels – Messianic Fulfillment God the Son: Who is Jesus and why did He become Man? / Preparation for the Birth of Christ**
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38
visit: diolc.org/prayer 9th Grade

Session 12 Penance Service

Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19

Download worksheet: visit: diolc.org/prayer 9th Grade

January

Session 13 Venture Lesson 8 – The Early Church and the Church Today / **The Holy Spirit: the Lord and Giver of Life**

Session 14 Begin class with 5 minutes of quiet prayer: begin with a prompt
Theology of the Body: YOU: Life, Love and the Theology of the Body
TOB Chapter 1: **Created for Love**

Session 15 Chapter 1 continued

Session 16 Begin class with 5 minutes of quiet prayer: begin with a prompt
TOB Chapter 2: **Naked without Shame**

February

Session 17 Chapter 2 continued

Session 18 **Mass for Ash Wednesday – February 10, 2027**

Session 19 TOB Chapter 3: **Love Defined**

Session 20 Chapter 3 continued

Year One of a two year suggested schedule: 7 sessions from Diocesan Confirmation Program; Venture; TOB 1-7

March

The Truth: Catechumenate (Explain sacramental living and the power to answer the call)

Session 21 TOB Chapter 4: **Hope and Redemption in Christ**

Session 22 Begin with 10 min. of prayer: "Praying with Scripture" prayer worksheet: John 19:23-30
diolc.org/catechesis/catechist-training-resources-for-teaching/praying-with-scripture
Session 4 continued

Session 23 TOB Chapter 5: **Truth and Freedom**
Stations of the Cross

Session 24 Penance Service (downloadable resource)

Easter: March 28, 2027

April

Session 25 Time of Adoration of the Risen Lord, "Praying with Scripture" John 20:19-31
Chapter 5 continued

Session 26 TOB Chapter 6: **Free, Total, Faithful, Fruitful**

Session 27 Chapter 6 continued

Session 28 Begin class with 10 minutes of quiet prayer:
TOB Chapter 7: **Language of the Body**

May

Session 29 Begin class with 10 minutes of quiet prayer: begin with a prompt
Chapter 7 continued

Encourage the youth to read one passage of Scripture per day over the summer, beginning with Luke chapter 1 Note: not one chapter, but one passage.

Another resource to consider for use with the Confirmation students: "How God Guides Us" Visit diolc.org/catechesis/prayer and scroll to the bottom of the page – 12th Grade.